

JCSMS2025

FEBRUARY 20-22

HILTON CLEVELAND DOWNTOWN

SCHEDULE OF EVENTS

THURSDAY, FEBRUARY 20, 2025

7:00 pm – 9:00 pm

Welcome Reception / Registration

Join us for the first official function of JCSMS 2025! Network with JCSMS colleagues and make several new connections. Meeting badges will be available for pickup at the reception.

FRIDAY, FEBRUARY 21, 2025

8:00 am – 8:45 am

Breakfast / Registration

8:15 am – 8:30 am

First Time Attendee Breakfast & Orientation

New to the JCSMS conference? Spend a few minutes with the Program Chairs at breakfast to get your bearings and help you hit the ground running for a jam packed 2 days in Cleveland.

8:45 am - 8:55 am

Welcome & Program Overview

*Kent Lindeman, Association for Applied Sport Psychology, 2025 Program Chair
& Stephanie Morris, SHAPE America, 2025 Assistant Program Chair*

Welcome from the Program Chairs including an overview of educational sessions, tours and special experiences, new enhancements for 2025 and organization and city sponsor recognition.

8:55 am – 9:10 am

Booking Your Meeting in “Believeland”

David Gilbert, President & CEO, Destination Cleveland

Destination Cleveland will highlight the benefits of booking meetings in Cleveland and provide valuable information on hotels & hotel inventory, airlift, rebates/incentives available to groups, features/attractions, and commitment to DEI and social justice issues.



9:10 am – 10:10 am

Sport Medicine & Science Year in Review: NFHS, NCAA & USOPC

Bob Colgate, Director of Sports and Sports Medicine, NFHS

LaGwyn Durden, Director of Sports Medicine, NCAA

Amber Donaldson, Vice President of Sports Medicine, USOPC



Back by popular demand for a second consecutive year! Hear 2024 updates from the governing bodies at the high school, collegiate and Olympic/Paralympic level tailored specifically for the sport medicine audience.



10:10 am – 11:10 am

JCSMS 2025 PARTNER ORGANIZATION SPOTLIGHT

Collective Impact to Influence Policy for Healthy Youth Sport

Speakers: Karin Pfeiffer, ACSM, Stephanie Morris, SHAPE America, Jordan Kelly, USOPC, Kristen Dieffenbach, USCCE, Rick Howard, NCSA, Tony Moreno, NSCA

This special session of JCSMS partner organizations will highlight the promotion and policy implications of long-term athletic development/athletic development model (LTAD/ADM), and how LTAD/ADM can be infused into policy and address various “hot topic” issues in youth sport. Topics covered include how LTAD/ADM fits into the National Physical Activity Plan, how the National Physical Education Standards and National Coaching Standards complement LTAD/ADM, and how the USOPC ADM informs policy across all National Governing Bodies.



11:10 am – 11:30 am

Break

11:30 am – 12:30 pm

Speed Partnering: Session 1

One of the most valuable segments of each JCSMS meeting! Each day will consist of 3 scheduled meetings of 15 minutes in length and then a 12 minute Wildcard slot to extend your time with an existing contact or take the initiative to schedule some time with another organization. Pairings are based not only on your organization’s preferences but also on preferences of other organizations that want to meet you.

Randy Dick, PAMA (moderator)



12:30 pm – 1:15 pm

Lunch Break

1:15 pm – 2:00 pm

Roundtables: Association Presidents / Association Leaders & Executive Directors

Program Chairs will poll attendees prior to JCSMS 2025 to determine topics for each group to discuss. Last year's topics included: membership engagement strategies, revenue generation, avoiding staff burnout, what meetings look like post-pandemic and general industry trends and practices.

Association Presidents - Kent Lindeman (moderator)

Association Leaders & Executive Directors - Stephanie Morris (moderator)

2:00 pm – 2:30 pm

Organizational Updates I

Each organization will have 2 minutes / 2 slides to share their 2024 updates. Order will be reverse from last year (so Z to D by organization name).

2:30 pm – 2:45 pm

Cleveland Meeting Venue: Huntington Convention Center

Ron King, General Manager, Huntington Convention Center



Prior to our venue tours, get a short primer on the Huntington Convention Center of Cleveland which provides over 500,000 square feet of prime meeting and event space, which includes 225,000 sq. ft of Exhibit Hall space, two ballrooms, and 50+ breakout rooms. The Center is connected to the 600-room Hilton Cleveland Downtown and Cleveland Public Auditorium and Conference Center which features a 10,000 seat stadium-style auditorium.

3:00 pm – 5:00 pm

Meeting Venue Tours

Guided by representatives of the Destination Cleveland Team

- Huntington Convention Center of Cleveland
- Hilton Cleveland Downtown
- Marriott Cleveland at Key Tower



5:00 pm – 5:30 pm

Return to hotel / break before evening events

5:45 pm

Shuttles depart Hilton Cleveland



6:00 pm – 6:45 pm

Reception / Panel at Rocket Mortgage Fieldhouse

Just prior to the tilt between the Cavs and NY Knicks, JCSMS attendees will enjoy a reception and panel highlighting the Cleveland Clinic Global Peak Performance Center (opening 2027) which is a joint venture of Cleveland Clinic and the Cavs.



7:00 pm – 9:30 pm

NBA BASKETBALL EXPERIENCE

Cleveland Cavaliers vs. New York Knicks: Rocket Mortgage Fieldhouse

Watch two top NBA All Star players — Donovan Mitchell and Jalen Brunson — lead their respective teams in a potential Eastern Conference playoff preview.



SATURDAY, FEBRUARY 22, 2025

8:00 am – 8:45 am **Breakfast**

8:45 am – 8:55 am **Sponsor Spotlight**

9:00 am – 9:30 am

Centering Cultural Proficiency and Diversity in MLB: Why It's Important

*Matthew Grimes, Head of Diversity, Equity, & Inclusion,
Cleveland Guardians Baseball*



This session will provide an inside look at how DEI is integrated into the culture of a pro sport organization. Learn how Grimes works with players and management but also with Major League Baseball and the greater Cleveland community. He will share best practices and future trends regarding advancing DEI initiatives in both pro and youth sport.

9:30 am – 9:50 am

Young Investigator Award Presentation

Speaker to be selected by Sports and Human Performance Nutrition (SHPN)

9:50 am – 10:20 am

A Preventative Model of Care: From Pee-Wee to Pro

*James Voos, MD, University Hospitals Drusinsky Sports Medicine
Institute Cleveland Browns Team Physician & current president of the
NFL Physicians Society*



University Hospitals Drusinsky Sports Medicine Institute (DSMI) is the official health care provider for the Cleveland Browns, Cleveland Monsters, Cleveland Ballet, and over 70 colleges, high schools, and youth organizations throughout northeast Ohio. Hear how DSMI's sports physicians, athletic trainers, physical therapists, nutritionists, concussion specialists, and trauma experts are committed to a proactive and preventive model of care, continuously innovating strategies to enhance athlete safety and well-being.

10:20 am – 11:00 am

Organizational Updates II

Each organization will have 2 minutes / 2 slides to share their 2024 updates. Order will be C to A by organization name.

11:00 am – 11:15 am **Break**

11:15 am – 12:15 pm

Speed Partnering: Session 2

3 scheduled meetings of 15 minutes in length and then a 12 minute Wildcard slot to extend your time with an existing contact or take the initiative to schedule some time with another organization.

12:15 pm – 1:00 pm **Lunch Break**

1:00 pm – 1:30 pm

5 Slides / 5 Minutes: Innovations in Sport Medicine

Program chairs will select the best 5 presentations from participating JCSMS organizations. 2025 focus will be on innovations in sport medicine and science.

- Placeholder Title / Name / Org 1
- Placeholder Title / Name / Org 2
- Placeholder Title / Name / Org 3
- Placeholder Title / Name / Org 4
- Placeholder Title / Name / Org 5

1:30 pm – 2:00 pm

FUTURE TRENDS IN SPORTS MEDICINE & SCIENCE

Navigating the Technological Revolution in Athlete Care and Performance

*Avinash Chandran, Managing Director, NCAA Injury Surveillance Program
Datalys Center for Sports Injury Research and Prevention*



Science and medicine in sport are rapidly evolving, with advanced technologies and data systems playing an increasingly prominent role in athlete care and performance optimization. Using a combination of the latest research and industry insights, this session will explore emerging technologies in biometric monitoring devices, data analytics, computing, and artificial intelligence, providing insights into how these innovations are reshaping the practice of sport science and medicine. Discover how sports science may transform in the future, including the impact of these innovations on workforce dynamics and the crucial bioethical considerations associated with incorporating new technologies and methods within the field.

2:00 pm – 2:15 pm

Wrap Up & Promotion of JCSMS 2026 / Montreal (February 13-15, 2026)

Stephanie Morris, SHAPE America, 2026 Program Chair



2:45 pm

Shuttles depart Hilton Cleveland

3:00 pm – 5:00 pm

Reception / Tour of Rock & Roll Hall of Fame

Sure to be one of long lasting memories of JCSMS 2025, the Rock & Roll Hall of Fame celebrates the history and cultural significance of rock music. See artifacts from your favorite musicians, including instruments, stage clothing and props, drafts of song lyrics, correspondence, original album art, handbills, posters, and photographs. Don't leave JCSMS early on Saturday or you'll miss this one of a kind experience.



5:00 pm – 6:30 pm

City Neighborhood Tour: Downtown, University Circle, Arts & Cultural Hub, Ohio City, Case Western Reserve University

Join the Destination Cleveland Team as they conduct a special whirlwind site tour normally reserved for your meeting planners! Get a better feel for the city, attractions, restaurants, entertainment and arts districts.

6:30 pm – 9:30 pm

Reception & Dinner @ Urban Squash

Our time in Cleveland will close with a special reception and dinner at Urban Squash, the JCSMS 2025 selected charity. Urban Squash is a program that combines squash with education, mentorship and competition to help young people develop and thrive. Pros and coaches will be on hand to provide a short demonstration after which courts will be available for open play throughout the evening. A special 3 course seated dinner prepared by Spice Catering will feature a sport nutrition component.



SPECIAL ATTIRE NOTE: For those JCSMS 2025 attendees who are interested in participating in the on court demo and open play, please remember to wear your athletic shoes or bring them with you on the bus. You will be able to store any extra shoes on the bus during our various afternoon activities.