





















2010
JOINT COMMISSION ON SPORTS MEDICINE & SCIENCE
 Charlotte, NC

PROGRAM SCHEDULE

Thursday, February 4		
6:40pm-8pm	Continuous shuttle service to Westin from Omni and Hilton	
8pm-12am	Continuous shuttle service from Westin to Omni and Hilton	
7pm-12am	Hospitality Suite GUESTS WELCOME <i>(sponsored by the Westin Charlotte)</i>	THE WESTIN CHARLOTTE
		Westin Charlotte - Providence Ballroom I/II
Friday, February 5		
8am - 10am	Volunteer Opportunity GUESTS WELCOME	Second Harvest
11:20am	Delegates at the Omni meet for shuttle to Westin	Omni Lobby
11:25am	Delegates at the Hilton meet for shuttle to Westin	Hilton Lobby
11:45am-1pm	ANNUAL MEETING BEGINS LUNCH <i>(sponsored by Visit Charlotte & Total Event Production)</i> KEYNOTE ADDRESS <u>Educational Session 1</u> Sports Trauma and Overuse Prevention: Keeping Kids in the Game for Life James R. Andrews, MD Cate Brennan Lisak, MBA, CAE Judith Young, PhD Randall Dick, FACSM <i>(sponsored by the American Orthopaedic Society for Sports Medicine)</i>	   Westin Charlotte - Providence Ballroom III
1pm-1:30pm	Break <i>(sponsored by the NASCAR Hall of Fame)</i>	
1:30pm-3pm	<u>Educational Session 2</u> Accelerating into the Future: The Medical, Science and Health Fitness Dimensions of NASCAR Timothy Lightfoot, PhD Lance Munksgard, MA, ATC Humpy Wheeler Mike Fisher <i>(sponsored by the American College of Sports Medicine)</i>	 AMERICAN COLLEGE of SPORTS MEDICINE LEADING THE WAY Westin Charlotte - Providence Ballroom III
3pm	Shuttle service to Omni and Hilton for break/change of clothes	ATTIRE: CASUAL
3:55pm	Meet in hotel lobbies for shuttle to Charlotte Motor Speedway	Westin/Omni/Hilton
4:30pm-9pm	Host City Activities: Track Rides with the Richard Petty Racing Experience GUESTS WELCOME	Charlotte Motor Speedway
	DINNER Speedway Club GUESTS WELCOME <i>(sponsored by Visit Charlotte)</i>	 Speedway Club
9pm	Shuttle service to Omni for evening hospitality	
9:30pm-12am	Hospitality Suite <i>(sponsored by Omni Charlotte Hotel)</i>	 Omni Charlotte - Pomodoro Room

Saturday, February 6		ATTIRE: CASUAL
7:10am & 7:40am	Shuttle service to Westin from Omni	
7:15am & 7:45am	Shuttle service to Westin from Hilton	
7:30am-8am	BREAKFAST <i>(sponsored by the Westin Charlotte)</i>	 Westin Charlotte - Providence Ballroom II
8am-9:30am	<i>Educational Session 3</i> Remarkable Opportunities for Influencing Policy in Sports Medicine and Science: The New Landscape Jon Retzlaff Charlene Burgeson Jacqueline N. Epping <i>(sponsored by the American College of Sports Medicine)</i>	 AMERICAN COLLEGE of SPORTS MEDICINE LEADING THE WAY Westin Charlotte - Providence Ballroom III
9:30am-10am	Break <i>(sponsored by the NASCAR Hall of Fame)</i>	
10am-11am	Organizational Updates	
11am-11:15am	Break/Collaborate	
11:15am-12pm	LUNCH <i>(sponsored by Visit Charlotte & Total Event Production)</i>	  Westin Charlotte - Providence Ballroom II
12pm-1:30pm	<i>Educational Session 4</i> Executive Briefing on the First US National Physical Activity Plan and Strategies for Sports, Sports Medicine and Science Russell Pate, MS, PhD Christine G. Spain James Whitehead <i>(sponsored by the Joint Commission on Sports Medicine and Science)</i>	 Westin Charlotte - Providence Ballroom III
1:30pm-1:50pm	Break/Collaborate	
1:50pm	Meet for shuttle to PIT	Westin Lobby
2:30pm-4:30pm	<u>Host City Activities:</u> GUESTS WELCOME Performance and Instruction Training (PIT) - Team Building Activity - Light Reception <i>(sponsored by Performance Instruction and Training)</i>	 Performance and Instruction Training
4:30pm	Shuttle back to hotels	
5pm-6:30pm	Free time/Fitness Focus	
6:45pm	Delegates at the Omni meet in lobby for shuttle to convention center	Omni Lobby
6:50pm	Delegates at the Westin and Hilton meet in their respective lobbies to walk to convention center	Westin & Hilton Lobbies
7pm	RECEPTION GUESTS WELCOME <i>(sponsored by the Charlotte Convention Center and NASCAR Hall of Fame)</i>	  Charlotte Convention Center
7:50pm	All delegates walk to the Hilton for dinner and evening hospitality	
8pm-12am	DINNER An Evening with the Arts of Charlotte GUESTS WELCOME Hospitality Suite GUESTS WELCOME <i>(dinner and hospitality sponsored by the Hilton Charlotte Center City)</i>	 Hilton Charlotte Center City – Mecklenburg Room Suite 402

Sunday, February 7			
7:30am-8am	BREAKFAST <i>(sponsored by Visit Charlotte)</i>		Westin Charlotte - Providence Ballroom II
8am-9:15am	<u><i>Educational Session 5</i></u> A Retrospective on the Joint Commission Thomas Miller, MS <i>(sponsored by the Industrial Athlete Institute for Research and Education)</i>		Westin Charlotte - Providence Ballroom III
9:15am-9:30am	Break <i>(sponsored by the NASCAR Hall of Fame)</i>		
9:30am-10am	<u><i>Special Educational Session 6</i></u> Nutrition Recommendations for Pre-, During and Post-Exercise Jacqueline R. Berning, PhD, RD, CSSD <i>(sponsored by the Gatorade Sports Science Institute)</i>		
10am-11:30am	Project Updates Adjournment		

Shuttle service to Omni and Hilton begins at 10am.

Airport departures via Rose Chauffeured Transportation are scheduled to leave from your hotel 2 hours prior to your flight time. If you would like to depart from the Westin or need to make a change, please contact Christi or call Susan Schwint at 704-989-3703 to make that change.