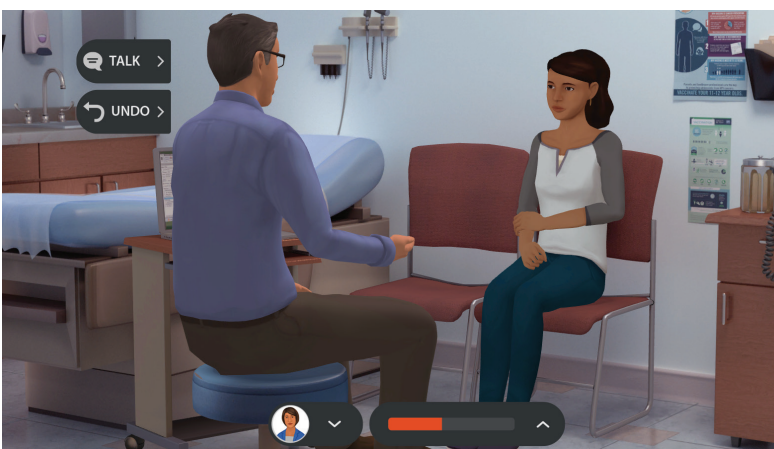


ARTIFICIAL PERFECTION

Talking with Teens about Performance Enhancement

Artificial Perfection is a clinical training, role-play simulation designed to prepare pediatricians and other child health professionals to have real-life conversations with teens about appearance and performance-enhancing substances. This first-of-its-kind resource can be used for continuing medical education.



Practice talking with three virtual teens about performance-enhancing substances and build their motivation to quit.

1

TALK ABOUT SUPPLEMENTS

Talk with Tom about the risks of supplement use and reduce the likelihood of him using more dangerous substances.

2

TALK ABOUT STIMULANTS

Learn to recognize warning signs and talk to Ella about the risks involved with using stimulants to help her study.

3

TALK ABOUT STEROIDS

Talk with Cody to see if he is using steroids and help him to develop a plan to wean off them.

AVAILABLE
NOW

HOW TO ACCESS

Artificial Perfection is a free resource. To access:

1. Go to <https://aap.kognito.com>
2. Open a free account
3. Start the simulation

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

Artificial Perfection, Talking to Teens about Performance Enhancement was developed by the American Academy of Pediatrics and Kognito.