









2015

# JOINT COMMISSION ON SPORTS MEDICINE & SCIENCE

Memphis, TN

## PROGRAM SCHEDULE

Thursday, February 19		
7:00pm-12:00am <i>Casual</i>	Hospitality Reception <i>Sponsored by the Peabody Memphis</i> <b>GUESTS WELCOME</b>	 The Memphis Peabody - Hernando
Friday, February 20		
11:30am-1:00pm <i>Business Casual</i>	<b>ANNUAL MEETING BEGINS</b> LUNCH <i>Sponsored by the Peabody Memphis</i>  <u>Educational Session</u> <b>5 Minutes/5 Slides: The Joint Commission Lightning Round</b>	 The Memphis Peabody – Venetian
1:00pm-1:15pm	<i>Break</i>	
1:15pm-2:45pm	<u>Educational Session</u> <b>To Move a Nation and Its Health: Innovation in National and Community Strategies for Obesity, Energy Balance, and Walking</b> <u>The IOM Roundtable on Obesity Solutions</u> - William H. Dietz, MD, PhD <u>Challenges and Opportunities in Obesity and Energy Balance</u> - John Jakicic, PhD., FACSM <u>Moving Health in Memphis</u> - Chris Owens, MBA <u>The U.S. Surgeon General Calls for Action: Walking and Walkability in the United States</u> - Jim Whitehead	 The Memphis Peabody – Venetian
2:45pm-3:00pm	<i>Break</i>	
3:00pm-3:30pm	<u>Mini-Session</u> <b>GSSI: Personalizing Sports Nutrition: Does One Size Fit All?</b> - James Carter, PhD	 The Memphis Peabody – Venetian
3:30pm-4:00pm	Organizational Updates 1	
4:00pm-4:15pm	<i>Break</i>	
<b>GUESTS WELCOME TO ATTEND REMAINING FRIDAY EVENTS</b>		
4:15pm	<i>Meet in Peabody Lobby for walk to Belz Museum</i>	
4:20pm-5:20pm	Tour of Belz Museum of Asian and Judaic Art	Belz Museum
5:20pm	<i>Walk back to Peabody – Meet in Continental Ballroom to start tour</i>	The Memphis Peabody
5:30pm-6:15pm	Property Tour - Peabody Memphis	

Friday, February 20, cont.		
6:15pm-6:45	Free time	
6:45pm	<i>Meet in Peabody Lobby for walk to Rendezvous</i>	
7:00pm	DINNER at Rendezvous <i>Sponsored by the Memphis CVB and Rendezvous</i>	 
8:30pm <i>Casual</i>	Hospitality Reception <i>Sponsored by the Peabody Memphis</i>	
Saturday, February 21		
7:15am	BREAKFAST <i>Sponsored by the Peabody Memphis</i>	
8:00am-10:45am <i>Business Casual</i>	<u>Educational Session</u> <b>A Strategic Examination of Youth Sports</b> <u>Keynote</u> <ul style="list-style-type: none"> <li>- David Epstein, author of NY Times Bestseller, <i>The Sports Gene</i></li> </ul> <u>Perspective from the Gridiron</u> <ul style="list-style-type: none"> <li>- Coach Errol Harmon, Whitehaven High School</li> <li>- Joshua McMillon, future University of Alabama linebacker</li> </ul> <u>Psychological Aspects of Youth Sports</u> <ul style="list-style-type: none"> <li>- Amanda Visek, PhD</li> </ul> <u>Nutritional/Eating Disorders in Youth Sports</u> <ul style="list-style-type: none"> <li>- Michele Macedonio, MS, RD, CSSD, LD</li> </ul> <u>Overuse Injuries/Burnout</u> <ul style="list-style-type: none"> <li>- Joel Brenner, MD</li> </ul> <u>Athletic Development Model/Implementation strategies to Address Youth Sports Challenges</u> <ul style="list-style-type: none"> <li>- Mike Bergeron, PhD</li> </ul>	
10:45am-11:00am	<i>Break</i>	
11:00am-11:45am	Organizational Updates 2	The Memphis Peabody – Venetian
11:45am-12:00pm	<i>Break</i>	
12:00pm-1:30pm	LUNCH <i>Sponsored by the Peabody Memphis</i>  <u>Educational Session</u> <b>U.S. HIGH PERFORMANCE MODELS: An Examination of Rapidly-Evolving, "Integrative" Coaching and Medical Support Services Models</b> <u>Military and Professional Perspective</u> <ul style="list-style-type: none"> <li>- Rob Skinner, MS, RD, CSSD, CSCS</li> </ul> <u>Olympic Perspective</u> <ul style="list-style-type: none"> <li>- Mike Bahn, MS, RSCC, USAW</li> </ul> <u>Collegiate Perspective</u> <ul style="list-style-type: none"> <li>- John Parsons, PhD, ATC</li> </ul>	

<b>Saturday, February 21, cont.</b>		
1:30pm-2:00pm	<b>2015 Graduate Student Fellow Poster Presentation</b> <u>Percutaneous Plating of Fibular Fractures</u> - Andrew Yun, DPM	The Memphis Peabody – Venetian
2:00pm-2:15pm	<i>Break</i>	
<b>GUESTS WELCOME TO ATTEND REMAINING SATURDAY EVENTS</b>		
2:15pm	<i>Meet in Peabody Lobby for walk to FedEx Forum</i>	
2:30pm-3:00pm	Tour FedEx Forum	 FedEx Forum
3:00pm	<i>Board buses to Graceland</i>	
3:30pm	Tour Graceland	
5:00pm	<i>Board buses for return to Peabody</i>	
5:30pm-6:15pm	Free time	
6:15pm	<i>Meet in Peabody Lobby for walk to Memphis Rock 'n' Soul Museum</i>	
6:30pm	Dinner at Memphis Rock 'n' Soul Museum <i>Sponsored by the Memphis CVB and Memphis Rock 'n' Soul Museum</i>	 
8:30pm <i>Casual</i>	Hospitality Reception <i>Sponsored by the Peabody Memphis</i>	 The Memphis Peabody - Hernando
<b>Sunday, February 22</b>		
7:15am	Breakfast <i>Sponsored by the Peabody Memphis</i>	 The Memphis Peabody – Venetian
8:00am-9:30am <i>Business Casual</i>	<u><i>Educational Session</i></u> <b>Report-outs and Continuing Work: The Joint Commission Collaboratives</b> Each delegate may participate in 1-2 of the following topics: - Breakout 1: Youth Physical Activity, Sports, and Health - Breakout 2: Interdisciplinary Sports Medicine Teams - Breakout 3: Specific Sports Issues (e.g. concussions, doping, etc.) - Breakout 4: Opportunities with World Sports Institute	The Memphis Peabody – Venetian
9:30am-9:45am	<i>Break</i>	
9:45am-10:45am	Organizational Updates 3	The Memphis Peabody – Venetian
10:45am-11:00am	<i>Break</i>	
11:00am-11:30am	2016 Meeting Update Adjournment	The Memphis Peabody – Venetian