Mission

Integrating the science of sport
and the performing arts
for mutual benefit

http://athletesandthearts.com
Athletes and the Arts

Current Coalition Partners:

American College of Sports Medicine (ACSM)
Center for Music Arts Entrepreneurship, Loyola University (New Orleans)
Performing Arts Medical Association (PAMA)

American Medical Society for Sports Medicine (AMSSM)
American Osteopathic Academy of Sports Medicine (AOASM)
Drum Corp International (DCI)
Music Teachers National Association (MTNA)
National Association for Music Education (NAfME)
National Association of Teachers of Singing (NATS)
National Athletic Trainers’ Association (NATA)
National Hearing Conservation Association
New Orleans Performing Artists Clinic
The Voice Foundation

Artists in Residence
Jonathan Batiste
Kathryn Morgan
What’s the Issue?

- 64% of World Class Drum Corps had members who developed a stress fracture in 2013.
- 50% of musicians have some form of Noise–Induced Hearing Loss. (NIHL)
- 75% of orchestra instrumentalists will develop at least one MSK disorders from playing during their lifetimes.
- 65% of surveyed professional and amateur pianists currently suffered from or previously had a repetitive strain injury
“I believe music is healing and if you want to heal other people, you’ve got to heal yourself first. The healthier we are as musicians and the arts community in general, dancers and actors, the better the world will be.”

Jon Batiste, Jazz Musician, Artist in Residence – AATA