



JCSMS 2023

Kansas City • February 9-11, 2023

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JCSMS THANK OUR SPONSORS

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MADE IN
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LOEWS
HOTELS



JCSMS Online

A screenshot of the JCSMS Online website. The header features a navigation menu with links: About, Member Organizations, Sponsors, News, Gallery, Annual Meeting, Contact, and Board Only. The main banner image shows a microphone in the foreground and a blurred audience in the background. The text on the banner reads "2019 JCSMS Annual Meeting" and "February 7-10, 2019 • Spokane, Washington". Below the banner, the page is divided into three columns. The left column contains a "Contact Us" section with the address: Joint Commission on Sports Medicine & Science, 1620 Valwood Parkway, #115, Carrollton, TX 75006, Phone: 972-532-8854, E-Mail Us, and Map & Directions. The middle column has a "Site Search" bar and "Share Us On" social media icons. The right column displays "Tweets by @JCSMSTWEETS" with a tweet from @sweatscience about fitness and exercise trends, accompanied by a photo of a scenic landscape.



TWITTER

Share

1. Conferences
2. Research
3. Awards
4. Legislative announcements
5. Position statements

The screenshot shows the Twitter profile of JCSMS (@JCSMTWEETS). The profile picture is a red scribble. The bio reads: "JOINT COMMISSION ON SPORTS MEDICINE AND SCIENCE", "Indianapolis, Indiana", "jcsmonline.org", and "Joined September 2014". It shows 285 Following and 281 Followers. Below the profile is a tweet from JCSMS dated Feb 22, titled "Use of Wearables: Tracking and Retraining in Endurance and Retraining", with the text "Interesting read!". The tweet includes a graph showing "Tibial Acceleration: Level running" and "Tibial Acceleration: Hill ascent & descent". The right sidebar features a "New to Twitter?" sign-up button, a grid of photos from the "2019 JCSMS Student Development award for Individual" ceremony, and a "You might like" section with recommendations for AMSSM, CJSOnline, and Diana Nguyen.

New to Twitter?
Sign up now to get your own personalized timeline!
[Sign up](#)

JCSMS
@JCSMTWEETS
JOINT COMMISSION ON SPORTS MEDICINE AND SCIENCE
Indianapolis, Indiana [jcsmonline.org](#) Joined September 2014
285 Following 281 Followers

Tweets Tweets & replies Media Likes

JCSMS @JCSMTWEETS · Feb 22
Use of Wearables: Tracking and Retraining in Endurance and Retraining
Interesting read!

Tibial Acceleration: Level running
Tibial Acceleration: Hill ascent & descent
Use of Wearables: Tracking and Retraining in Endura...
des an update on recent literature in the field of
wearable devices in runners, with an emphasis on ...
[journals.lww.com](#)

2019 JCSMS Student Development award for Individual
Rebecca Ski

You might like

- AMSSM** @TheAMSSM [Follow](#)
- CJSOnline** @CJSOnline [Follow](#)
- Diana Nguyen MS, RD...** @DNgyenSportsRD [Follow](#)

[Show more](#)

ORGANIZATION UPDATE

1. Sports and Human Performance Nutrition – SHPN
2. Academy for Sports Dentistry – ASD
3. International Society for Sports Psychiatry – ISSP
4. Special Olympics – SO
5. American Medical Society for Sports Medicine – AMSSM
6. Performing Arts Medicine Association – PAMA
7. Athletes in the Arts – AATA
8. Sports Neuropsychology Society – SNS
9. United States Center for Coaching Excellence – USCCE
10. Association for Applied Sports Psychology – AASP
11. Canadian Academy of Sports & Exercise Medicine – CASEM
12. Datalys Center
13. American Academy of Pediatrics – AAP
14. American Chiropractic Association Council on Sports and Physical Fitness – ACASC
15. North American Society for Pediatric Exercise Medicine – NASPEM
16. US Anti-Doping Agency – USADA
17. American Osteopathic Academy of Sports Medicine – AOASM
18. Collegiate and Professional Sports Dietitian's Association – CPSDA
19. Collegiate Strength & Conditioning Coaches Association – CSCCa
20. United States Olympic and Paralympic Committee – USOPC
21. Pediatric Research in Sports Medicine Society – PRiSM

Presented By: Yasi Ansari, MS, RDN, CSSD
Director of SHPN Content Expert Committee
SHPN Delegate for JCSMS
SHPN and AATA Liaison



Sports and Human Performance Nutrition

a dietetic practice group of the
Academy of Nutrition and Dietetics

Our Mission:

Educate, empower and advocate for the delivery of state-of-the art care for athletes, athletic teams, human performance organizations, and people throughout their entire athletic lifecycle through the integration of nutrition, exercise science, research and technology.

Our Vision:

A world where all people perform to their potential,
powered by nutrition.

Membership:

Total: 2993 *(as of 1/25/23)*

Website:

<https://www.shpndpg.org/home>





Member Benefits

- Complimentary CPE-included Webinars
- SHPN Spring Symposium 2023
- 2022 Keynote Sessions
- Complimentary Fact Sheets & Articles
- Access to professional databases:
Natural Medicine Database and EBSCO
- SHPN's quarterly newsletter *Expeditions*
- Volunteer Opportunities
- Discussion Board
- Social Media Engagement
- Job Board

SHPN Leadership

Roberta Anding, MS, RD/LD, CDCES, FAND

2022-23 Chair

Director of Professional Development

SHPN Spring Symposium 2023 Chair

Caroline Mandel, MS, RD, CSSD

2022-23 Secretary

Melinda Valliant, PHD, RD/LD, CSSD

2022-23 Treasurer

Paula A. Quatromoni, DSc, RD

Incoming Chair

*Anthony Paradis, MS, MA, RD, CSSD, CSCS,
USAPL*

Incoming Chair-Elect

THE ACADEMY FOR SPORTS DENTISTRY

**A healthy mouth contributes to a healthy body.
Poor oral health can have disastrous effects
on overall health and athletic performance.
For every person on earth.**



www.academyforsportsdentistry.org



Hans Stasiuk
President-Elect

Jim Whitehead
CEO

“We don’t fully consider the disastrous effects of poor oral health and injury on overall health and athletic success.”

NOW – Key Activities Underway

- ① Expanding partnerships**
 - Sports Dentistry
 - Sports Medicine
 - National and Global Health
- ② Refining education/training**
 - Nashville, TN, USA on June 22 - 24
 - Virtual Learning
 - Team and Sports Dentists
- ③ Integrating oral/overall health**
 - Athletes and Sports at all Levels
 - Sports Dentistry in all Dental Education
 - Collaboration with Sports Medicine professionals, organizations, and national as well as international sports institutions and federations

THE FUTURE – Pursuing a Vision

- ① Advancing a multi-disciplinary research agenda**
- ② Elevating oral health as a key priority in sports health and overall health**
- ③ Making prevention of disease and injury as important as effective treatment**
- ④ Reducing oral health disparities in sports at all levels and in society overall**





International Society
for Sports Psychiatry

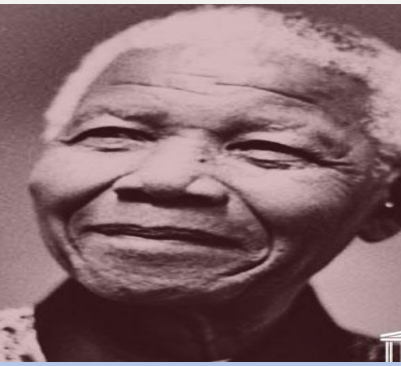
<https://sportspsihchiatry.org/>



Eric Morse
Past President

Jim Whitehead
CEO

**“Sport has
the power
to change
the world”**
Nelson Mandela



NOW – Key Activities Underway

① Expanding partnerships

- World Psychiatric Association representation
- Sports Medicine Sector collaboration
- Global Alliance created

② Promoting education/training

- U.S. and Global Meetings
- Virtual Learning
- Partnerships and Joint Meetings

③ Preparing to Advance Field

- Addressing athletes and sports at all Levels
- Dedicated to multi-disciplinary collaboration
- Focusing on healthy lifestyle behaviors
- Collaboration with Sports Medicine professionals, organizations, and national as well as international sports institutions and federations

International Society for Sports Psychiatry: *Supporting the Power of Sport for Global Progress*

A primary role of sports psychiatrists is to provide clinical psychiatric care to the athletic community that supports the health, well-being, and performance of athletes and teams in all sports and at all levels. Collaboration with other disciplines and professions in sports is a hallmark of the field.

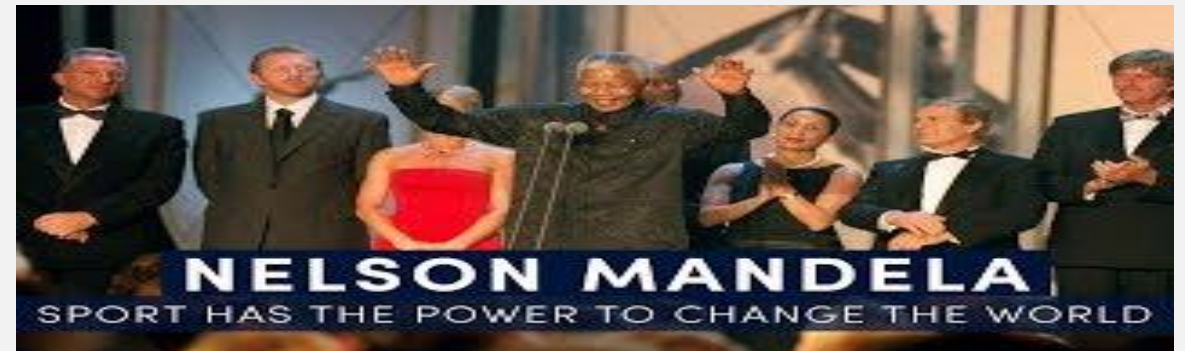
THE FUTURE – Pursuing a Vision

① Advancing a multi-disciplinary research agenda

② Elevating mental health as a key priority in sports health and overall health

③ Making prevention of mental health challenges in sports as important as effective treatment

④ Reducing mental health disparities in sports at all levels and in society overall



Special Olympics



Melissa Otterbein, MPH, CHES

Senior Manager,
Fitness & Healthy Lifestyles



Events

- Berlin 2023 World Games (17-25 June)
- [World Games research applications](#) open through 28 Feb



- Hosted 20 week fitness Challenge Jan-May 2022 to promote physical activity, healthy eating, and health education prior to USA Games
- Over half the participants met the daily step goal to achieve 1 million steps over 20 weeks

Recent Collaborations with other organizations

- Partnered with ACE to train over 3,800 fitness professionals to date through FREE [ACE-Special Olympics Inclusive Fitness Training](#)
- SHAPE America and IHRSA Conferences
- Partnership strategy planning and toolkit development



**Mark Stovak, MD, FAMSSM
CAE**

President

Director

Jim Griffith, MBA,

Executive



AMSSM Highlights & Collaborations

- International Traveling Fellowship & Global Exchange Program
 - 2022 trips to New Zealand/Australia; South Africa; Japan; Canada
- The AMSSM Collaborative Research Network:
 - Funded more than \$1.4 million in research grants;
 - Data coordinating center for 7-figure grant projects (\$4 million hamstring study with the NFL).
 - Hosted 3 Research Summits – 2019 Early Sport Specialization; 2021 Physical Activity & Exercise Promotion; 2023 Health Disparities in Sports Medicine.
- Ongoing Partnerships
 - Exchange Lectures - ACSM, AOSSM, NATA, AAP, AIUM, AAPM&R, CASEM and AASPT/APTA and sessions with NCAA, NFHS, Olympic & Professional
 - Continue partnerships on ATPC, TPCC, PPE Monograph, and other initiatives.
- Free Online Learning
 - ECG Interpretation Learning Modules with UW & ACSEP – free modules completed by physicians in 138+ countries
 - Sports Ultrasound Didactics – 35 free modules, partnered with AAPM&R to offer CME
 - Free AMSSM Podcasts – partner with BJSM
 - SportsMedToday.com - 300+ patient/coach tip sheets available
 - Fellow Online Lecture Series – 90+ lectures on AMSSM YouTube channel
 - Sports Ultrasound Case Series – 60+ lectures on AMSSM YouTube channel



Who We Are

Members are professionals in fields that include research, education, and clinical practice. Many have written books and articles to inform and educate other professionals and performers.

medical
professionals

artists,
educators

administrators

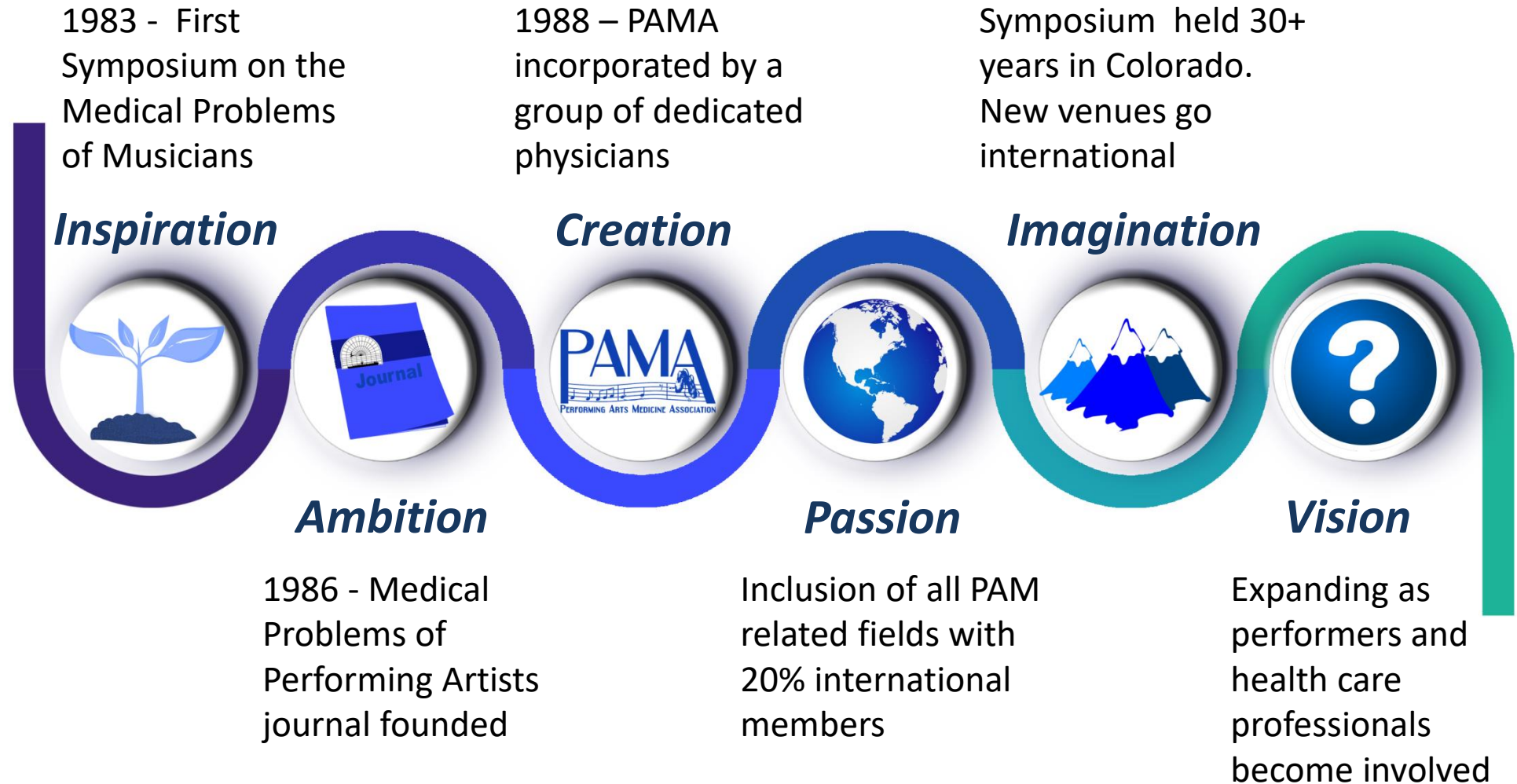
***We have the common goal of improving
the health care of the performing artist***

2023 Annual Conference July 6-9

Weill Cornell Medical Center, New York City

Visit www.artsmed.org

History



Athletes and the Arts



www.athletesandthearts.com

Randall Dick, FACSM

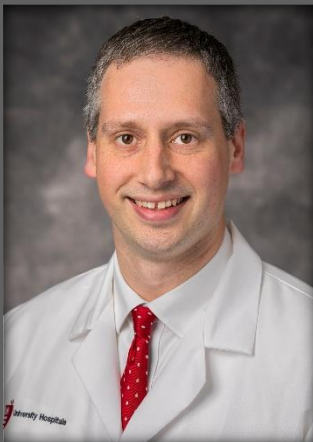
AATA - 19 organizations represent over 100,000 sports and performing arts medicine, wellness and education members

- A national collaborative research network
- An enhanced diversity and sample size (researchers and subjects) through the AATA coalition.
- An established mission and philosophy of applying what we have learned from sport athlete world to enhance wellness and performance for performing artists
- An established target audience of Performers, Choreographers / Teachers (the practice / performing "coaches") and Health Care Providers.

SPORTS NEUROPSYCHOLOGY SOCIETY

Christopher Bailey, PhD, ABPP-CN; President-Elect

Danielle Chase, PhD, MAVIM; Delegate



Sports Neuropsychology

S o c i e t y

Mission:

to advance the field of sports neuropsychology, to generate and disseminate knowledge regarding brain health, injury, and safety as it applies to sports, and to promote the welfare of athletes at all developmental levels.

Meetings and Activities

- Established in 2012
- 313 Professional Members
- SNS Annual Symposium – since 2014
 - 2022 Dallas – 250 attendees
 - 2023 Denver
- Position Statements and Public Resources:
 - Brain Health for Athletes
 - CTE Fact Sheet
 - Return to School and Sport
 - Supervised Test Administration
 - Use of Demographically Adjusted Norms

Collaborations and Goals

- Athlete Brain Health Foundation
- Consensus Statement on Health, Equity, Inclusion, and Progress
- International Neuropsychology Society
- National Academy of Neuropsychology
- USA Football
- Goals
 - Increase interdisciplinary collaborations.
 - Continuing to develop relationships in support of initiatives around diversity, equity, and inclusion.





Positive experiences
in sport begin with
quality coaches.

Education
Development
Accreditation



Cam Kiosoglous
President



Kristen Dieffenbach
Executive Director



- Program Recognition
- Program Accreditation

- Youth Sport Coaching Standards
- Sport Coaching as a Profession

- Supporting Coach Well-Being
- Coach Development & Systems

**Rowman &
Littlefield
Book Series**



June 12-14, 2023 - Birmingham, AL



www.USCoachExcellence.org
info@USCoachExcellence.org



@CoachingEd

Better Coach Development Systems → Better Coaching → Better Athlete Experiences & Outcomes

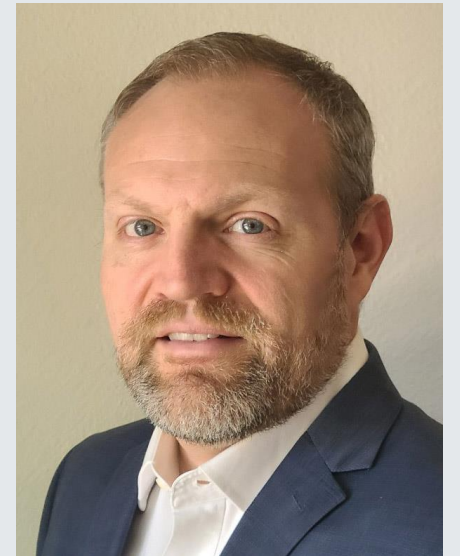


Bob Harmison, PhD, CMPC®
President



Kent Lindeman, CMP
Executive Director

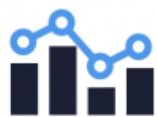
Jon Metzler, PhD, CMPC®
Chair, Certification Council





AASP is the premier association that ensures every performer has the resources to strengthen their inner edge through the advancement and application of excellence in mental performance and mental health.

**We support people at every age
and level across the
performance spectrum.**



Initiatives

Certification Development

We continue to grow our CMPC ® Program - the only nationally accredited certification for mental performance professionals in the US and Canada

Graduate Program Accreditation

For masters and doctoral level training programs in the US and Canada

Diversity, Equity, Inclusion, Belonging & Justice (DEIBJ)

Foundation for all actions and ideas across AASP; serving all members; challenge the status quo; responsibility to cultivate and maintain safe (brave) places and spaces

Canadian Academy of Sport & Exercise Medicine



Dr. Laura Purcell, Pediatric SEM (President-Elect)

Dawn Haworth, Executive Director



[@CASEMACMSE](#)



[@cansportmed](#)



[@CASEMACMSE](#)

LinkedIn

Emerging Initiatives

- **Physical Activity Education Committee (PACE)**

- Physical activity (PA) is a cornerstone of disease prevention and treatment in Canada. There is, however, a considerable disparity in Canada between public health policy and the delivery of health enhancing benefits of physical activity education in the teachings of our future physicians.
- If this is to be addressed in the battle against non-communicable diseases, it is vital that tomorrow's physicians understand the basic science and health benefits of physical activity.
- Primary goal of PACE is to ensure a) evidence-based curriculum materials are available at all medical schools b) to develop a strategy to ensure we can achieve this goal in a reasonable timeline.
- In addition, CASEM (PACE) continues to educate specialists across Canada on the benefits of activity for health in their own area of specialty medicine. We will be holding our bi-annual Medicine through Movement (MTM) webinar on 15th April 2023.



Current Studies

- NCAA ISP
- NATION
- HS RIO
- CARE

Vision

To be the trusted leader in making sports and physical activity safer through data-driven analytics and scientific research.

Mission

To improve the health, safety, and performance of athletes and active people through scientific guidance and support

Services

- Study Design/ Logistics
- Data Analytics
- Solutions

Scientific Guidance

Goal: Datalys Center provides guidance to organizations in making evidence-based decisions to improve the health, safety, and performance of athletes and active people.

Trusted Source and Champion

Goal: Datalys Center is a trusted source and champion of research and policy on health, safety, and performance of athletes and active people.

AAP: COUNCIL ON SPORTS MEDICINE AND FITNESS

- Rebecca Carl, MD, MSCI, Chairperson-elect, rcarl@luriechildrens.org
- Anjie Emanuel, MPH, AAP Staff Person, aemanuel@aap.org
- Mission:
 - Advocate for optimal, safe sports and recreational activity for youth
 - Promote health and safety in sports
 - Encourage lifelong fitness and a healthy lifestyle
- Executive Committee Liaisons: AMSSM, NATA, NFHS
- COSMF Membership open to MDs, ATC, PT, NP, and other allied health professionals
- AAP upcoming meeting
 - Washington DC
 - October 20-24, 2023
- 2022 AAP meeting
 - Anaheim, CA
 - ACSM Exchange lecture, Family Exercise Prescription, Lauren Simon, MD, MPH
 - **Thomas Shaffer** Award, Steven J. Anderson, MD



- **Policy/Clinical statements**
- Stricker PR, Faigenbaum AD, McCambridge TM, **Resistance Training** for Children and Adolescents. 2020
- Carbone PS, Smith PJ, Lewis C, LeBlanc C. Promoting the Participation of **Children and Adolescents With Disabilities in Sports**, Recreation, and Physical Activity. 2021
- Brenner, JS and Watson, A. **Overuse Injuries, Overtraining, and Burnout** in Child and Adolescent Athletes. 2023 (expected)
- COVID-19 Interim Guidance: Return to Sports and Physical Activity

Action Item: Commitment to Eliminating Race-Based Medicine

- Joseph L. Wright, Wendy S. Davis, Madeline M. Joseph, Angela M. Ellison, Nia J. Heard-Garris, Tiffani L. Johnson, the AAP Board Committee on Equity; Eliminating Race-Based Medicine. *Pediatrics* July 2022.
- Anti-bias checklist for policy statements/publications





TM

CHIROPRACTIC
SPORTS
COUNCIL



Ted Forcum DC
DACBSP, FICC, CSCS
JCSMS Sponsor Director



Chris Hargrave DC, CCSP®
ACASC President



Bryanna Esquivel DC, ICSC, CCSP®
ACASC First Vice-President

2022/2023 Updates

Annual Symposiums

- Our 2022 Symposium was our first one held as a live event since the pandemic! We had a total of 151 attendees
- We also held our first Hall of Fame induction since 2017, where we inducted:
 - Timothy Ray DC, MS, DSBCO, CCSP®, ICSC, FIANM, FICC
 - Edward Ryan MS, ATC, LAT
 - Andrew Klein DC, DACBSP, TSAF-C

CSN Network

- Our update to our Chiropractic Sports Network Continues
 - We are completing a leadership development course for our members around working sporting events all over the country as well as working to establish relationships with organizations to provide assistance with the treatment at events

By-law Updates - are now complete

World Games 2022 – Birmingham, AL

- There was a delegation of 54 individuals from 9 different countries, of which 48 were Sports Chiropractors
- 35 Members were from the ACASC
- They provided 3400 treatments over 12 days, serving the 3600 athletes competing in 39 different sports spread out over 25 different venues for this event, quite the monumental task!

2023 Symposium

- Will be held in Long Beach, California – October 13-14, more info available at our website acasc.org



NASPEM
NORTH AMERICAN SOCIETY
FOR PEDIATRIC EXERCISE MEDICINE



Becki Battista-President Elect

Appalachian State University

Shannon Siegel-President

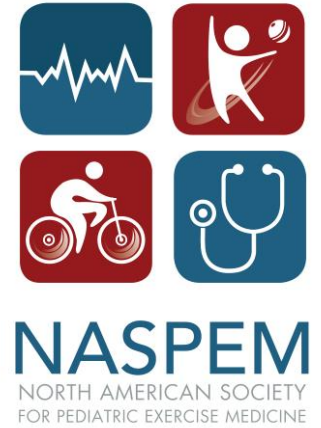
University of San Francisco

Dawn Coe-Past President

The University of Tennessee, Knoxville

Mission

Promote exercise science, physical activity and fitness in the health and medical care of children and adolescents



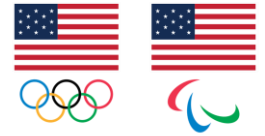
Activities

- Biennial Meetings | Louisville 2024
- 2-day course on pediatric CPX testing | Minneapolis Aug 26-27 2023
- Presence in ACSM with the *Youth Sport and Exercise Science SIG*
- Webinars and Virtual Student Engagement Opportunities

Goals

Current Action Items include: *Establishing an IDEA statement and awards program, increasing membership, and providing outreach to practitioners and communities*





PRISM
Pediatric Research in
Sports Medicine Society

- Cordelia Carter – Immediate Past President
cordeliawcarter@gmail.com

- Kris Haskin – Executive Director
khaskin@prismsports.org

<https://www.prismsports.org/about-us>



PRiSM
Pediatric Research in
Sports Medicine Society

PRiSM's Mission, Activities and Collaborative Goals

- ***Mission:*** PRiSM is a multidisciplinary group whose purpose is to be the worldwide leader in advancing the field of pediatric sports medicine through collaborative **research** and **education** efforts
- ***Activities:*** Education and Research
 - Annual Meeting (2023 Denver, 450+ attendees)
 - R13 NIH / NIAMS Conference Grant Award (\$45,000 over 3 years)
 - 16 RIGs
 - OJSM publishing affiliation
(https://journals.sagepub.com/toc/ojsa/10/5_suppl2)
- ***Collaborative Goals:***
 - Grow opportunities for exchange of ideas and learning
 - Co-webinars, co-ICLS
 - Inter-society research interest groups
 - Develop partnerships for transforming research into policy and effecting meaningful change for the health of young athletes

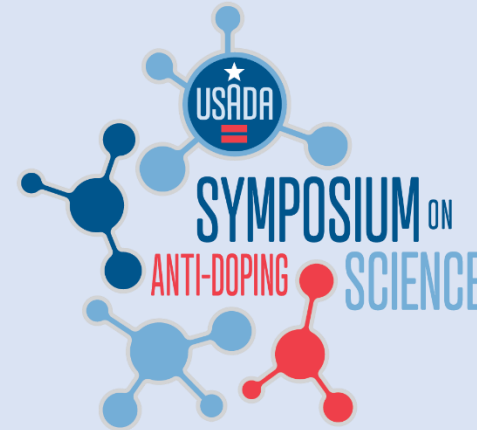
U.S. Anti-Doping Agency Organizational Update

Kelsa Ferguson



TrueSport®

- USADA HealthPro Advantage Update
- Supplement Connect and High-Risk List
- Science Symposium, The Elite Athlete: Differentiating Extraordinarily Normal from Abnormally Extraordinary
- TrueSport Talks: Mental Wellness and the Student Athlete



SUPPLEMENT
CONNECT



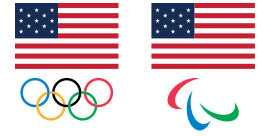
• **TRUESPORT TALKS**

Mental Wellness and the
Student-Athlete

USOPC Sports Medicine 2023 Update

Purpose Statement: Deliver world-class, comprehensive healthcare to Team USA athletes

- 5-year Strategic Plan
- Games (WUG, YPPAG, Beach, PAG, PPAG)
- Psychological Services
- Training Center Sports Medicine Clinics
- Elite Athlete Health Profiles
- Women's Health (WH) Task Force
- Medical & Mental Health (MH) Assistance Funds
- USOPC / NGB Medical Meeting & Standards
- Build relationships with Professional Orgs.
- Registries
- Volunteer Program
- Research: Para Athlete, WH, MH, Head injury
- New EMR



Team USA Mental Health Resources

Team USA 24/7 Mental Health Support Line
+1-719-866-CALL (2255)

MENTAL HEALTH ASSISTANCE FUND

USOPC Mental Health Registry
teamusa.org/mentalhealthregistry

PIVOT GROUPS

PIVOT
6-WEEK COURSE

eHome
COUNSELING

CHANGE IS POSSIBLE

Feeling depressed? Anxious? Overwhelmed?
Struggling with self-esteem? Relationships? Trauma?
Life can get complicated. We make it easy for you to get help.

headspace

Mental Health **FIRST AID**
from NATIONAL COUNCIL FOR MENTAL WELLBEING

USOPC
Mental Health
Emergency
Action Plan

USOPC ELITE ATHLETE
HEALTH INSURANCE (EAHI)
Mental Health Coverage

UNITED STATES
COALITION FOR THE PREVENTION
OF ILLNESS AND INJURY IN SPORT



AMERICAN
OSTEOPATHIC
ACADEMY OF
SPORTS MEDICINE

Blake Bogges, DO, FAOASM

AOASM President



Accomplishments, Partnerships, and Enhancements

AOASM Position Statement on Esports, Active Video Gaming, and the Role of the Sports Medicine Physician –

Published May 2022, *Clinical Journal of Sports Medicine*

Editorial: **Esports and the Esports Athlete-Simply Misnomer Terms, or Are They the Real Deal?** – Published January 25, 2023, *Clinical Journal of Sports Medicine*



2023 Annual Clinical Conference – April 26-29, Anaheim, CA
Pre-Conference Workshops – April 24-25

- Sports Osteopathy Course Partnership with Deutsch-Amerikanische-Akademie für Osteopathie (DAAO) February & September 2023, Cologne, Germany
- Sports Osteopathy Course Partnership with Institute Supérieur Ostéopathie, Béziers, France, May 2023



2023 Joint Commission

Collegiate and Professional Sports Dietitian's Association

JCSMS Attending Delegates:

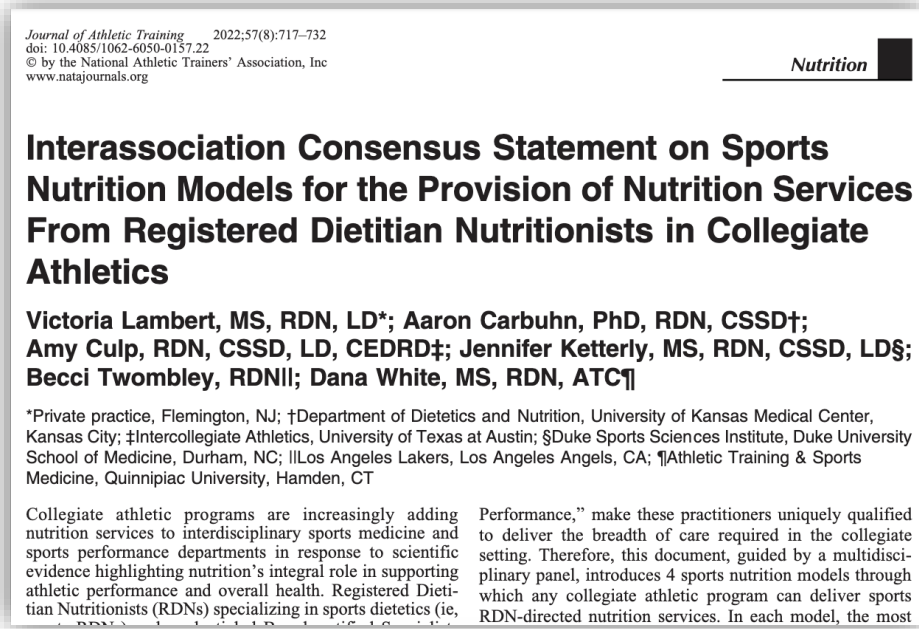
Katie Knappenberger MS, RD, CSSD, ATC

Board of Directors: Advocacy and Career Development Chair

Diana Nguyen MS, RD, LD, CSSD, CSCS

Board of Directors: Research Chair

- CPSDA's Mission: *Create leaders who elevate the profession of Sports Nutrition through ethical, science-based, cutting-edge care.*
- Activity Highlights:
 - *Interassociation Consensus Statement on Sports Nutrition Care Models*
 - *Thank You to the NATA, SHPN, CSCCA and AMSSM for their partnerships and contributions!*
 - *2/23 Webinar with Selected Authors (Register [Here](#))*
 - 2022 Salary Survey Report ([Link](#))
 - Upcoming Combat and Weight Class Virtual Sports Nutrition Summit (3/27-28 Register [Here](#))
 - Education Hub: Resources for Members and Non-Members ([Link](#))





Collegiate Strength & Conditioning Coaches Association

Delegates:

Sandy Abney, M.Ed., Chief Science Officer

Tom Nesser, Ph.D., Chair of Education Board



Mission

To support the strength and conditioning coach by maximizing their abilities, skills, and knowledge through education, certification, and development.

Activities

Upcoming Annual National Conference, May 8-10, 2023, in Orlando, Florida

Collaborative Goals

We are interested in collaboration with others to expand and enhance our continuing education resources for our membership.

USOPC Sports Medicine 2023 Update

Purpose Statement: Deliver world-class, comprehensive healthcare to Team USA athletes

- 5-year Strategic Plan
- Games (WUG, YPPAG, Beach, PAG, PPAG)
- Psychological Services
- Training Center Sports Medicine Clinics
- Elite Athlete Health Profiles
- Women's Health (WH) Task Force
- Medical & Mental Health (MH) Assistance Funds
- USOPC / NGB Medical Meeting & Standards
- Build relationships with Professional Orgs.
- Registries
- Volunteer Program
- Research: Para Athlete, WH, MH, Head injury
- New EMR



Team USA Mental Health Resources

Team USA 24/7 Mental Health Support Line
+1-719-866-CALL (2255)

MENTAL HEALTH ASSISTANCE FUND

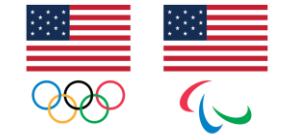
USOPC Mental Health Registry
teamusa.org/mentalhealthregistry

PIVOT GROUPS

PIVOT
6-WEEK COURSE

headspace

Mental Health **FIRST AID**
from NATIONAL COUNCIL FOR MENTAL WELLBEING

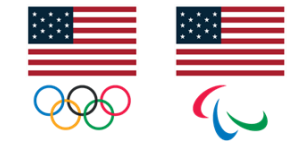


WORLDWIDE MEDICINE

USOPC
Mental Health
Emergency
Action Plan

**USOPC ELITE ATHLETE
HEALTH INSURANCE (EAHI)**
Mental Health Coverage

eHome
COUNSELING
CHANGE IS POSSIBLE
With eHOME Counseling
the best is yet to come.
Feeling depressed? Anxious? Overwhelmed?
Struggling with self-esteem? Relationships? Trauma?
Life can get complicated. We make it easy for you to get help.



**UNITED STATES
COALITION FOR THE PREVENTION
OF ILLNESS AND INJURY IN SPORT**



American Academy of Sports Physical Therapy

Attendees:

Cory Martin, Executive Director

Gail "Cookie" Freidhoffbohman, AASPT Member and JCSMS Board Member



Mission: AASPT empowers our members to specialize and excel in sports physical therapy by facilitating education, research, networking, and mentoring through our community of established and emerging leaders.

Activities: 50th Anniversary Celebration at APTA CSM

Collaborative Goals: Expand our learning center with cross sector programming.



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Thank you
Kansas City



Next Year
Milwaukee, Wisconsin
February 15-18



2025 Cleveland,
Ohio
February 20-23