



JCSMS ORGANIZATION UPDATE

2020 Minneapolis, MN



- | | |
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| 1. JCSMS | 9. ISSP |
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JOINT COMMISSION ON SPORTS MEDICINE & SCIENCE

<http://www.jcsmsonline.org/>



BOARD OF DIRECTORS

Board Chair	Jonathan Halperin <i>American Academy of Physical Medicine and Rehabilitation</i>
Vice Chair	William Feldner <i>American Osteopathic Academy of Sports Medicine</i>
Board Member	Tim Dutra <i>American Academy of Podiatric Sports Medicine</i>
Board Member	Ted Forcum <i>American Chiropractic Association Council on Sports Injuries & Physical Fitness</i>
Board Member	Jim Griffith <i>American Medical Society for Sports Medicine</i>
Board Member	Cookie Freidhoff-Bohm <i>American Physical Therapy Association - Sports PT Section</i>
Board Member	Dawn Haworth <i>Canadian Academy of Sport and Exercise Medicine</i>

Our first line: *Jon, Jim, Dawn, Cookie, Bill, Tim and Ted under the box*





AND THESE GUYS:
RANDY DICK AND ROB FRANKS
PROGRAM CO-CHAIR



JCSMS THANK OUR SPONSORS

2020 Minneapolis, MN



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of SPORTS MEDICINE®
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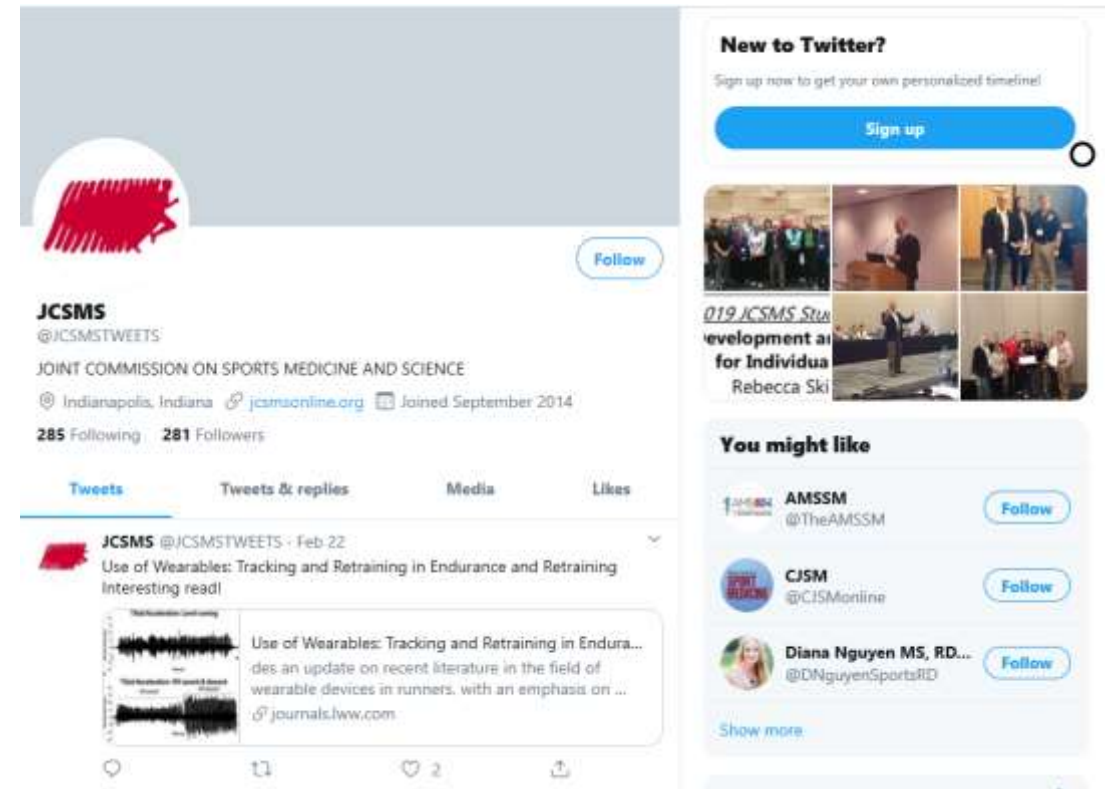
Cmaynard@mindfulmeetingpros.com





JCSMS WEBSITE

<http://www.jcsmsonline.org/>



JCSMS TWITTER

<https://twitter.com/JCSMTWEETS>



FUTURE LOCATIONS

Cleveland, OH 2021

Louisville, KY 2022



The fight ends, the hockey players flee, and the curling team once again rules the ice rink.

SOCIAL EVENTS

Minneapolis 2020



AMERICAN ACADEMY OF PEDIATRICS

Council on Sports Medicine & Fitness

Alison Brooks, MD MPH – Chair
Anjie Emanuel – AAP Staff

345 Park Boulevard

Itasca, IL 60143

Email: brooks@ortho.wisc.edu

AEmanuel@aap.org

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



AAP COUNCIL ON SPORTS MEDICINE AND FITNESS (COSMF)

Who we are/What we do

- AAP COSMF supports and encourages optimal and safe physical activity in the pediatric population
- AAP COSMF works to ensure that pediatric providers are prepared to provide the highest level of sports medicine guidance and care for patients
- 2020 Annual Meeting in San Diego, CA with all day sports medicine session on October 3rd
- COSMF Membership open to MDs, ATC, PT, NP, and other allied health professionals

Past Collaboration

- Preparticipation Physical Evaluation, 5th Edition
 - Joint Publication with AAFP, ACSM, AMSSM, AOSSM, and AOASM
 - Addl representation from NATA, AHA and NFSH
 - Published Spring 2019
- Youth Early Sport Specialization Summit, April 12, 2019 – hosted by AMSSM
- Hip Hop Public Health session at COSMF H Program, AAP Annual Meeting Oct 2019



AAP COUNCIL ON SPORTS MEDICINE AND FITNESS (COSMF)

What we need help with

- Dissemination and implementation of AAP statements, reports and materials:
- PPE monograph, 5th edition
- Organized Sports for Children, Preadolescents, and Adolescents; *Pediatrics* May 2019
- Physical Activity Assessment and Counseling in Pediatric Clinical Settings; *Pediatrics* Feb 24, 2020



Actionable Items

- Broad support of the Surgeon General's **National Youth Sports Strategy**
- It aims to unite U.S. youth sports culture around a shared vision:
 - *that one day, all young people will have the opportunity, motivation, and access to play sports — regardless of their race, ethnicity, sex, ability, or ZIP code*





Jon Metzler, CMPC
Strategic Alliances Liaison

- **What is AASP?** Sport psychology consultants and professionals who work with athletes, coaches, non-sport performers (dancers, musicians), business professionals, and tactical populations (military, firefighters, police) to enhance their performance from a psychological standpoint.
- 2,650 members in 55 countries - **largest membership in history**
- Received accreditation by the National Commission for Certifying Agencies (NCCA) for our **Certified Mental Performance Consultant (CMPC®)** program. Available at 5,000 testing centers worldwide. Partnering with the Canadian Sport Psychology Association to expand program to credential all of North America.





GRAD PROGRAM STANDARDS

- **Developed standards for graduate program recognition** – a “how to” guidebook/guidelines and application materials have been published and circulated to 75 grad programs in North America

PERFORMANCE EXCELLENCE AWARD

- **Karch Kiraly** (USA Volleyball) was recognized as the organization’s 2019 Performance Excellence Award winner and was a keynote speaker at our conference in Portland, which drew record attendance (1,350 participants)

JOB CREATION / DEVELOPMENT

- Awarded a Research Grant for the **study of the expansion of sport psychology employment opportunities in North America, which includes a compensation study**

DIVERSITY & INCLUSION

- **Diversity and Inclusion leadership position added to Executive Board; separate Council established** to develop a comprehensive diversity and inclusion strategy for AASP



In 2019, AASP was featured in the following publications:



**USA
TODAY**

THE WALL STREET JOURNAL.



Prevention **MEN'S JOURNAL** Health **teen**VOGUE

NEW YORK POST

BUSTLE

WELL  GOOD

YAHOO!

VICE

Bicycling

LIVESTRONG[™].COM

EVERYDAY  HEALTH

Athletes and the Arts



www.athletesandthearts.com

Randall Dick, FACSM



Athletes and the Arts

MISSION

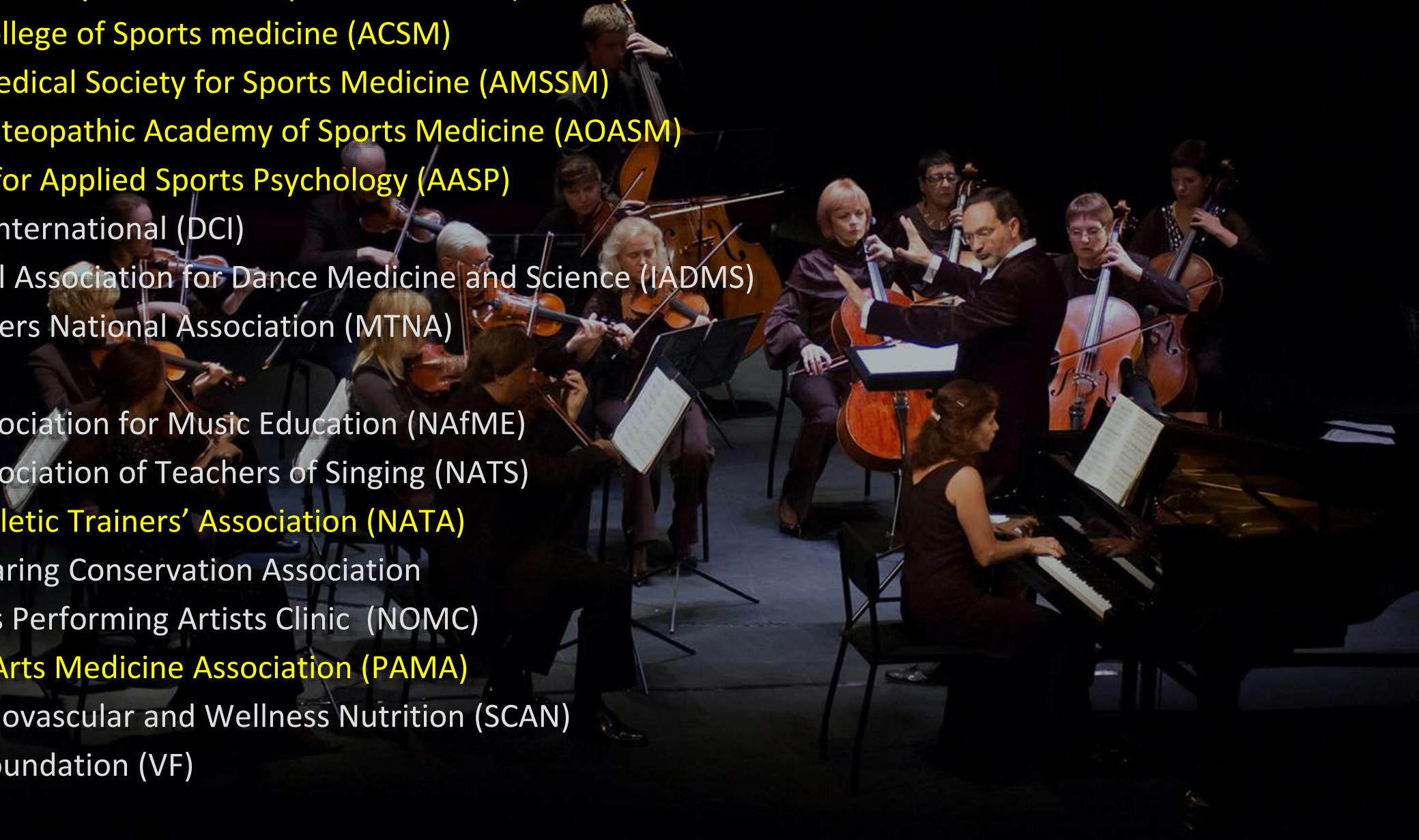
Integrating the science of sport and the performing
arts for mutual benefit

<http://athletesandthearts.com>

Current Coalition Partners

(JCSM members in **gold**)

- American Academy of Podiatric Sports Medicine (AAPSM)
- American College of Sports medicine (ACSM)
- American Medical Society for Sports Medicine (AMSSM)
- American Osteopathic Academy of Sports Medicine (AOASM)
- Association for Applied Sports Psychology (AASP)
- Drum Corp International (DCI)
- International Association for Dance Medicine and Science (IADMS)
- Music Teachers National Association (MTNA)
- MusiCares
- National Association for Music Education (NAfME)
- National Association of Teachers of Singing (NATS)
- **National Athletic Trainers' Association (NATA)**
- National Hearing Conservation Association
- New Orleans Performing Artists Clinic (NOMC)
- **Performing Arts Medicine Association (PAMA)**
- Sports, Cardiovascular and Wellness Nutrition (SCAN)
- The Voice Foundation (VF)



AATA - 19 organizations represent over 100,000 sports and performing arts medicine, wellness and education members

- A national collaborative research network
- An enhanced diversity and sample size (researchers and subjects) through the AATA coalition.
- An established mission and philosophy of applying what we have learned from sport athlete world to enhance wellness and performance for performing artists
- An established target audience of Performers, Choreographers / Teachers (the practice / performing "coaches") and Health Care Providers.

THE FIRST ACT

FOR ALL OUR PERFORMING ARTISTS

TAKE CARE OF YOUR OWN HEALTH

Performing artists bring so much to our lives. Inspiration and aspiration. Joy and drama. Dreams and escapes.

But the first act of the performing artists should be to take care of their health. Neurological disorders, musculoskeletal conditions, voice and hearing disorders, anxieties, stress, substance abuse, and other health issues are frequently related to actors, dancers, singers, musicians, and other performers.



Visit the Athletes & the Arts
website to find out more

www.athletesandthearts.com



Presenter: Shea Stark, DC, CCSP, ICSC, EMT

President, American Chiropractic Association Council on
Sports Injuries and Physical Fitness (ACASC)

JCSMS Organizational Update, 2020

Andrew Cohen, Past President, ACA Sports Council
Ted Forcum, DC, DACBSP, FICC, CSCS, JCSMS Board Member



Organizational Update: ACASC



2019-2020 Highlights

Position Statement

The ACASC adopted and supports the position statement released by the ACBSP on SafeSport.

Field Manual Update

The ACASC Field Manual was updated by committee to create consistency in event personnel selection, conduct and expectations.

Sports Chiropractic Trilateral Meetings

The ACASC, along with FICS and the ACBSP, continue to have biannual meetings to discuss the future of sports chiropractic and how the three organizations can collaborate with each other instead of compete against one another.

On the Move: ACASC



New in 2020:

Symposium Planner

In order to improve the size, impact and overall experience at our annual symposium, we have hired a symposium planner to run the event

Online Store

Added an online store to our website to allow members to purchase ACASC gear to wear to events as well as add their clinic logo if desired

2020 ACA Sports Council Symposium - JOIN US!!!

Long Beach, CA September 25-26, 2020





Chad Carlson, MD, FAMSSM, President

president@amssm.org

Jim Griffith, MBA, CAE

Executive Director



Who we are/What we do

AMSSM represents sports medicine physicians seeking to advance the discipline of sports medicine through education, research, advocacy and excellence in patient care.



Past & Ongoing Collaborations:

- Various position statements, consensus statements, exchange lectures, joint courses, Traveling Fellowship, Global Exchange program
- Global, National and Local Humanitarian projects
- 2019 Youth Early Sport Specialization Research Summit with AMSSM's Collaborative Research Network
- AMSSM met last month with US Surgeon General Dr. Jerome Adams and members of the US Congressional Caucus on Youth Sports in Washington, DC.



William Feldner, DO, FAOASM

R. Rob Franks, DO, FAOASM

Shawn Kerger, DO, FAOASM

www.AOASM.org | info@aoasm.org



AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE

2019 – 2020 HIGHLIGHTS: Sportsosteopathy

With the German-American Academy for Osteopathy (DAAO), develop and teach a 5-part Sportosteopathy Course taught in Cologne, Germany, resulting in a certificate in Sportosteopathy.

Michele Gilsenan, DO, FAOASM, Kate Quinn, DO, and Shawn Kerger, DO, FAOASM, have been asked to present at the DAAO Annual Conference November 12-14.

2020-2021 Course Date Schedule:

The five courses will span over the next two years.

- **Introduction Course:** February 14-16, 2020, in Wuppertal.
- **Course 2:** May 30-June 1, 2020, in Cologne.
- **Course 3:** September 11-13, 2020, in Cologne.
- **Courses 4 & 5:** These courses will be in 2021 and are TBA.



AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE

2019 – 2020 HIGHLIGHTS

AOASM proudly participates in:

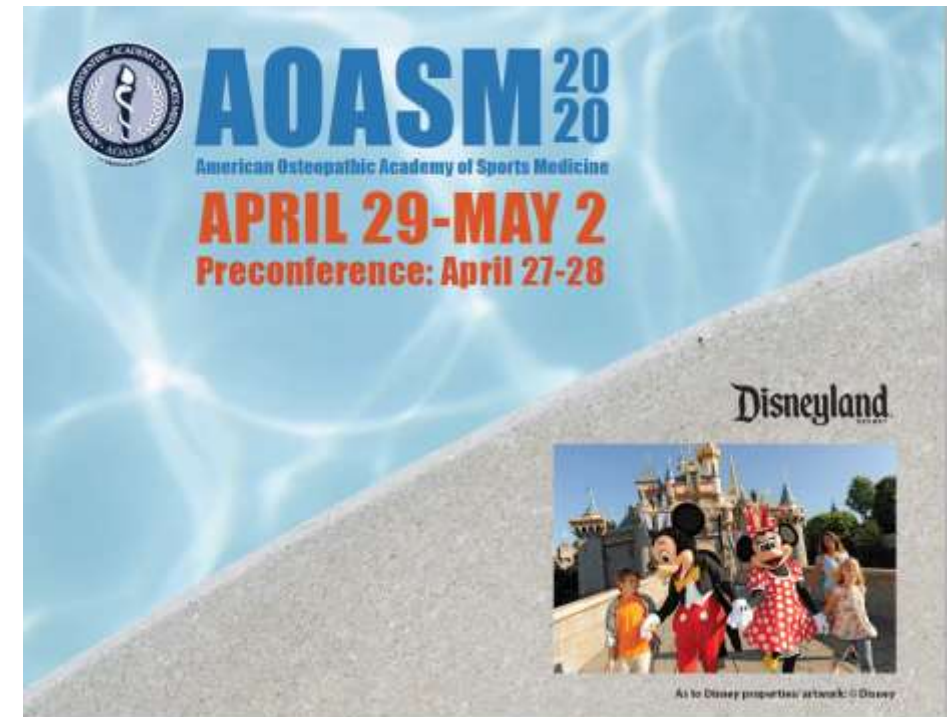
- American Institute of Ultrasound in Medicine
- AMSSM/AOASM Case Studies in Sports Medicine Textbook
- Athletes and the Arts
- College Athletic Trainers Society
- International Association for Dance Medicine and Science
- Team Physician Consensus Statement Conference
- Preparticipation Physical Exam Revision Task Force
- Societies Consortium on Sexual Harassment in STEMM (one of the first 100 inaugural members)
- NCAA Cardiac Task Force
- NATA Inter-Association Task Force for Appropriate Care of the Spine-Injured Athlete
- President's Council on Fitness, Sports and Nutrition



AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE

2020 Initiatives

- Regional Student Conferences:
 - Representing 313 Student Members
- Three Pre-Conference Workshops including Basic Diagnostic Musculoskeletal Ultrasound for the Elbow, Intermediate/Advanced Diagnostic Musculoskeletal Ultrasound for the Elbow & forearm, and the First Annual AOASM Sports Medicine Board Review Course



American Orthopaedic Society for Sports Medicine

Greg Dummer, CAE – Chief Executive Officer
9400 W Higgins Road Suite 300
Rosemont, IL 60018
Email: greg@aossm.org



We Keep You in the Game.™

AOSSM Mission

Our mission is to be the premier global, sports medicine organization representing the interests of orthopaedic surgeons and other professionals who provide comprehensive health services for the care of **athletes and active people of all ages and abilities.**

Strategic & Operational Updates



- AOSSM's new Fiscal Year is now calendar-based
- Strategic planning work under way for 2021-2026
- Operational Enhancement Plan – Society is full-throttle into comprehensive change management supported by assessments of membership, marketing, events, education and technology...
- 2020 Major Initiatives:
 - Member Needs Assessment
 - Peer-reviewed Surgical Video Library as part of overall Learning Management System – *The Playbook*
 - \$1 Million Dollar Drive Campaign
 - Surgical Skills Assessment Program for Fellows
 - Collaborating with the Biologic Association, and several aligned societies
 - 2020 48th Annual Meeting set for the Washington State Convention Center, Seattle – July 9-12
 - Presidential Guest Speaker: NFL Commissioner Roger Goodell

2020 JOINT COMMISSION

Amy Freel
Executive Director



www.SportsRD.org



· C · P · S · D · A ·

FUELING VICTORY

VISION

CPSDA empowers its members to be the authority in Sports Nutrition.

MISSION

CPSDA's mission is to create leaders who elevate the profession of Sports Nutrition through ethical, science-based, cutting-edge care.



Respect



Integrity



Excellence

Community



Growth Mindset

CPSDA 12th ANNUAL CONFERENCE

Breakthrough to Excellence: Putting Science into Practice

May 18-20

**Doubletree
Paradise Valley
Resort
Scottsdale,
Arizona**



FEATURING KEYNOTE SPEAKER: **JASON REDMAN**

Retired Navy SEAL and NY Times Best Selling Author, Jason Redman, will inspire conference attendees with his Six Tenants to Success and best practices to overcome any life ambush.

·C·P·S·D·A·

FUELING VICTORY

TOP 10

REASONS TO HIRE A SPORTS RD

1. **Registered Dietitians (RD) are the only professional with the education and credential to provide Medical Nutrition Therapy.**

An RD is an essential part of managing anemia, gastrointestinal conditions such as Irritable Bowel Syndrome (IBS), Crohn's and Ulcerative Colitis, Type 1 Diabetes, hypertension, thyroid disorder, and food allergies.

2. **Having non-credentialed individuals consult with athletes on anything past basic nutrition advice creates a liability for your organization.**

Advice that can seem benign (supplement recommendations or adjustments to macro/micronutrient consumption), can cause complications especially if a pre-existing medical condition, or medications were not considered.

3. **Sports RDs are uniquely qualified to assess supplements and fortified foods for safety, quality, and efficacy - which protects your athlete's health and eligibility.**

4. **Sports RDs act as an integral part of a multi-disciplinary team to offer complete care to athletes. (Athletic Trainers, Strength Coaches, Psychologists, Physicians, and Chefs).**

5. **Sports RDs positively impact performance and reduce training/competition time lost to injury/illness.**

Counseling around hydration, adequate caloric consumption, nutrient timing and implementation of injury and recovery nutrition protocols are ways that Sports RDs can impact performance and healing.

6. **Sports RDs assess and monitor body composition and weight for athletes in a realistic and safe manner helping to prevent body image issues and eating disorders in athletes.**

7. **Having an RD involved with food and supplement procurement, delivery and inventory management helps maximize department-wide budget efficiency.**

8. **Sports RDs teach athletes real-life skills through experiences like cooking demos, meal planning and grocery store tours.**

9. **RDs are an imperative component of eating disorder treatment and should be included as part of any eating disorder treatment or high-risk team.**

10. **Your competition is.**

The number of full-time sports dietitians in the collegiate, professional sports and military settings is exploding and shows no sign of slowing down.

Check out www.sportsrd.org → within the Career Development tab you'll find our Full-Time Sports RD list, job board, and recent salary survey.



New 2020 CPSDA Member Benefit:

As a CPE Accredited Provider, CPSDA will be recognized by the Commission on Dietetic Registration (CDR), dietetics professionals, and licensure and certifying agencies as a provider that meets CDR's Standards for continuing professional education.



·C·P·S·D·A·

FUELING VICTORY



Todd Stull, MD - President
Eric Morse, MD - Past President
Jim Whitehead - CEO

16262 L Street

Omaha, Nebraska

Jrwhitehead19@gmail.com

Mobile 317.281.7608

The International Society for Sports Psychiatry: What ISSP Does

ISSP aims to carry the science and practice of psychiatry to the athletic community, so that all people may enjoy the benefits of healthy participation in sports.

ISSP develops the field of sports psychiatry and advocates for mental health and wellness in sports.

ISSP is also a catalyst for lifestyle psychiatry, which is an emerging dimension that focuses on the role of exercise, diet, stress management, and sleep in preventing and treating mental health issues and psychiatric disorders.



The National Youth Sports Strategy



DEVELOPING
HealthyPeople
2030

**ISSP is keenly
interested in
Partnerships
and
Collaborations.**

**Especially with
YOUR
organization
and profession!**

**Let's Talk
How We
Can
Partner
With You!**



Todd Stull, MD - President
Eric Morse, MD - Past President
Jim Whitehead - CEO



NASPEM

NORTH AMERICAN SOCIETY
FOR PEDIATRIC EXERCISE MEDICINE

Dawn Podulka Coe, Ph.D, FACSM
President – Elect
Associate Professor, The University of Tennessee, Knoxville
dcoe@utk.edu

Who we are!/What we do!

- Formed in 1985, NASPEM's membership is comprised of medical doctors, researchers, educators, and students interested in pediatric exercise. We work closely with our European counterpart, the Paediatric Work Physiology Group.
- Our mission is to promote exercise science, physical activity and fitness in the health and medical care of children and adolescents.
- The mission is achieved through: (1) our biennial meeting; (2) the publication of the journal, Pediatric Exercise Science; (3) collaborative research initiatives; (4) the opportunity to network with pediatric exercise scientists from around the world; (5) the student research award; and (6) the NASPEM training programs database.



Collaborations:

- Speaker exchange program with APA
- Work with the Pediatric Exercise Physiology Special Interest Group at ACSM
- Endorsed the Canadian Society for Exercise Physiology (CSEP) position stance on the *Benefit and risk for promoting childhood physical activity*



What we need help with:

- Transition to new website, support staff
- Maintain and increase membership
- Offer programming to diverse group of professionals

Organization Challenges:

- Membership
- Where is the society “housed”
- Sponsorship

Actionable Items:

- Update website
- Update student training programs database
- Push to increase membership



NASPEM BIENNIAL CONFERENCE

WWW.NASPEM2020.ORG



SAVE THE DATE
JUL 29 - AUG 1, 2020

NASPEM
NORTH AMERICAN SOCIETY
FOR PEDIATRIC EXERCISE MEDICINE

SilverStar
mountain resort

**THE UNIVERSITY
OF BRITISH COLUMBIA**

You are invited to attend the
2020 NASPEM BIENNIAL CONFERENCE
from JUL 29 - AUG 1, 2020

Conference Schedule will be announced soon...

Already confirmed:

- Keynote Sessions from Professor David Dunstan, Baker Heart and Diabetes Institute, Melbourne, Australia *Physical Activity & Sedentary Behavior* and Professor David Oxborough, Liverpool John Moores University, UK, *Cardiac Risk in the Young*
- Panel Discussion on *The Child's Right to Be Fit* with Professors Dan Cooper, Neil Armstrong and Mark Tremblay

Conference held at SilverStar Mountain Resort - www.skisilverstar.com



National Athletic Trainers' Association (NATA)

Tory Lindley, President

Dave Saddler, Executive Director

NATA Updates

March is National Athletic Training Month!

The Theme is: **ATs Impact Health Care Through Action**

**Visit nata.org, Follow
@nata1950 for the latest!**



Athletic trainers are impacting change in health care. Together with doctors, coaches, school administrators, military leaders, government officials, performing arts organizations and legislators, ATs are reshaping how injuries are treated and, more importantly, prevented. The future of health care requires action before, during and after an injury, and ATs Impact Health Care Through Action.

#HealthCareThroughAction



NATA Updates

Managing and Promoting Key Issues:

Medical Autonomy for ATs

Youth Sports Specialization

Youth Sports Safety

Advanced Practice and Clinical Specialization

International Opportunities

Mental Health

Appropriate Pain Management



NATA Updates

Providing Information to the Public:

Robust Public Relations Efforts

Include Medical Autonomy and Youth Specialization

Consumer Focused Web Site

AtYourOwnRisk.Org



YOUR OWN
AT!RISK

A SAFER APPROACH TO
WORK, LIFE AND SPORT



NATA Updates

Government, Legislative and Regulatory Action

Recent Testimony to Senate Commerce Comm. on Sports Safety

PHIT Act and NDDA Among Federal Priorities

State Licensure/Regulation Activities – Focus on California

Third Party Reimbursement Project

Lindley Reflects on Senate Experience

February 12, 2020 by Elizabeth Quinn



NATA President Gary Lindley, MA, ATC, testified before the Senate Committee on Commerce, Science and Transportation Feb. 5 in Washington, D.C., on the topic of "Athletic Safety and the Integrity of U.S. Sports." Testifying along with Lindley was Dr. Wade Cadden, CEO of U.S. Center for SafeSport, and Travis Tappin, CEO of U.S. Anti-Doping Agency.

The hearing was to discuss sexual abuse in sports, physical health and safety of athletes and removal of performance-enhancing drugs from sports.

"Today's hearing is an opportunity to discuss the merits of this legislation and how it can advance clean sports in the United States and around the world," said Sen. Roger Wicker, chairman of the Senate committee.



NSF International

Brian Jordan RSCC*D, CSCS*D - Certified For Sport® Technical Manager

789 N. Dixboro Rd

Ann Arbor, MI 48105

t 734-904-3673 | **e** Bjordan@nsf.org

NSF International



WHO WE ARE & WHAT WE DO

NSF International is an independent and accredited non-governmental organization founded as the National Sanitation Foundation at the University of Michigan's School of Public Health in 1944.

The NSF mission is to protect and improve global human health. We do this by leading the development of public health and safety standards and by testing and certifying products and systems to those standards.

NSF Certified for Sport® is a dietary supplement and functional food certification program used by athletes and consumers looking to mitigate the risks of consuming products contaminated by substances prohibited in sport. Built off of the NSF/ANSI 173 standard, the NSF Certified for Sport® certification is the only third-party certification recognized by the United States Anti-Doping Agency (USADA), Major League Baseball, the National Hockey League and Canadian Football League.



WHAT WE NEED HELP WITH

- Public Awareness of the prevalence and risks of contaminated dietary supplement & functional food products in the marketplace.

ORGANIZATIONAL CHALLENGES

- Not-for-Profit

ACTIONABLE ITEMS

- Position Statements on dietary supplement risk mitigation.
- Develop educational materials for athletes, practitioners, parents and coaches.

PRISM

- Andrew Gregory – Immediate Past President
andrew.gregory@vumc.org
- Kris Haskin – Executive Director
khaskin@prismsports.org
- Mark Paterno – Current President
mark.paterno@cchmc.org



PRiSM is not your traditional membership society.

The whole reason for our existence is to join individuals together in order to service children and adolescents as an inter-professional team of experts in sports medicine.

Through collaboration, members from multiple disciplines can share best practices and find new, less invasive treatments that make the road to recovery a “blur of speed” for all patients/clients.

Potential Collaborators

- We are made up of MD'S, DO's, NP's, PA's, PT's, ATC's and PhD's who take care of young athletes
- We are trying to combine efforts to answer clinical questions relevant to young athletes
- Surveys
- Registries
- Multicenter Clinical Trials
- Systematic Reviews



RIGs (Research Interest Groups)



PRiSM
Pediatric Research in
Sports Medicine Society

- Concussion
- Female Athlete
- Hip Disorders
- Injury Prevention
- Knee Multi-Ligament
- Meniscus
- Motion Analysis
- Patellofemoral Instability
- Rehabilitation
- Shoulder Instability
- Spine/ Spondylolysis
- Sports Specialization
- Bone Stress Injury
- Tibial Spine
- Elbow
- MSK Ultrasound

Annual Meetings



- January 23-25, 2020 – Glendale, AZ (400+ attendees)
- January 28-30, 2021 – Houston, TX
- January 2022 – Denver, CO





Stephanie Morris, CEO

smorris@shapeamerica.org

@shapeamericaceo

Yesterday's P.E. class:



Today's P.E. class:



HOW AM I FEELING?

Pick the emoji that best describes how you are feeling right now.

1



HAPPY

2



SILLY

3



OKAY

4



SAD

5



WORRIED







Preserving. Inspiring. Protecting.



United States Anti-Doping Agency

***Richard A. Mohr, MS – Drug Reference & Therapeutic Use Exemption Operations
Manager***

5555 Tech Center Drive, Ste 200

Colorado Springs, CO 80919

Email: rmohr@usada.org

United States Anti-Doping Agency



Science, Therapeutic Use & Drug Reference

- Manage Athlete Biological Passports and review/assess results of athlete urine and blood samples
- Identify and assess trends in the evolution of medicine
- Drug Reference services that assist in classifying prohibited, permitted and conditional substances (medications) and medical methods.
- Conduct supplement reviews on a case-by-case basis
- Review submissions for therapeutic use of prohibited substances as they relate to treatment of confirmed medical conditions.



United States Anti-Doping Agency



Who are you/What you do

The U.S. Anti-Doping Agency (USADA) is recognized by the United States Congress as the official anti-doping organization for all Olympic, Paralympic, Pan American and Parapan American sport in the United States. USADA is also the administrator for the [UFC Anti-Doping Program](#).

USADA began operations on October 1, 2000, and as an independent, non-profit organization created as the result of recommendations made by the USOPC's Select Task Force on Externalization in order to bring credibility and independence to the anti-doping movement in the U.S. USADA was given full authority to execute a comprehensive national anti-doping program encompassing testing, results management, education, and research, while also developing programs, policies, and procedures in each of those areas.

Collaboration:

- USADA collaborates with WADA, PCC, iNADO, ITA and other NADO partners to protect the integrity of clean sport

What do you need help with:

- Identifying cutting-edge performance-enhancement techniques being developed
- Research into new and better ways to detect PEDs
- Research on everything from sample collection to sample analysis to threshold detection over time.

United States Anti-Doping Agency



What do you need help with:

- Physician specialties for medical conditions that impact athletes
- Education of physicians who treat athletes of all competitive levels (recreational athletes to the elite)
- Supplement regulation and standards
- Staying ahead of advancements in regenerative medicine that can be abused in sport.
- Expanded influence in youth sports

Organization challenges:

- Keeping up with innovation aiding drug-cheats
- Keeping up with the pace of pharmaceutical development
- Evolution of more accurate, reliable and timely testing of samples

Actionable items:

- Collective impact:
 - Developing and testing oral fluid & dried blood spot sample collection for analysis



UNITED STATES CENTER FOR
COACHING EXCELLENCE

info@USCoachExcellence.org
WWW.USCoachExcellence.org



To elevate and enhance the professions of sport coaching, coach education, and coach development across all coaching contexts.

Improve Systems



Better Coaching



Better Athlete Experiences
& Outcomes

Systematic & Evidence-based
Program Review

Education & Guided Program
Development Resources



**North American Coach
Development Summit June 1-3, 2020**
Supporting Quality Coaching for All





2020 Initiatives

Join the Movement to Improve Sport Coaching

Support Minimal Standards in Youth Sport Coaching

As an organization committed to positive athlete development through quality coaching we recognize the following:

1. When sport programs are effectively structured to support athlete development, they can help athletes
 - a. increase their physical activity and reduce obesity rates
 - b. improve their physical health,
 - c. support positive mental health,
 - d. develop physical literacy,
 - e. improve their physical conditioning and technical and tactical development within the sport, and
 - f. acquire life skills (e.g., interpersonal skills, goal setting, work ethic, etc.).
2. Part of effectively structuring sport for physical, psychological, and social development are coaches who possess specialized knowledge and behaviors (i.e., professional, interpersonal, and intrapersonal knowledge) and a corresponding skill set which is outlined in the *International Sport Coaching Framework*, the *USA Quality Coaching Framework*, and the *National Standards for Sport Coaches*.
3. Sport organizations play a critical role in setting up systems to support and educate the sport coach. This is further supported by the *National Youth Sport Strategy* which calls for "a national and local strategy to recruit volunteers who will encourage and support youth participation in sports and regular physical activity, through coaching, mentoring, teaching, or administering athletic and nutritional programs."

The USCCE supports all youth sport coaches receiving foundational learning experiences prior to entering the coaching context. These learning experiences will align with industry supported standards to assist youth sport coaches in creating quality youth sport experiences that will support athlete development.

Join the USCCE in indicating your support youth sport coaches receive foundational learning experiences (minimal standards) prior to coaching youth athletes.

#SportCoachingMatters
June 2020



2020 Initiatives

Join the Movement to Improve Sport Coaching

Support the Profession of Sport Coaching

As an organization committed to creating and supporting positive athlete development experiences through quality coaching, we recognize the value and importance of the coaching profession through the acknowledgment of the following key points:

1. Coaching is a recognized complex profession requiring an understanding of contextually specific and appropriate knowledge, skills, and behaviors,
2. The coach plays an essential role in the creation and implementation of a healthy sport environment,
3. The coach-athlete relationship plays an important role in athlete development, enjoyment, and the overall sport experience,
4. Coaching, like other complex professions, benefits from quality informed experience built upon foundational knowledge of the field,
5. The core knowledge disciplines which inform the profession of coaching include: pedagogy, exercise science, nutrition, human development, sport psychology, technology, sport administration, and sport medicine,
6. Professional standards of care and conduct exist to support and guide professionals and to protect the athletes they are responsible for, and
7. Professionalism in coaching is designated by the importance and value of the role and the established core knowledge of the job rather than financial gain.

Therefore, the USCCE advocates the importance of system based support of coaching as a profession and of individuals within the profession through:

- Recognition of the voice of the coaching professionals,
- Leadership through the development of contextually appropriate and discipline-informed training and development materials to support the profession within specific contexts, and
- Support for on-going professional development of coaches (e.g. guided internships, mentorship programs, on-going learning opportunities).

#ThanksCoach
Fall 2020



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National Campaign



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Fall 2020
International Campaign



Special thank you to **Downtown Hilton Minneapolis**



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Special thank you to **Meet Minneapolis**



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