1. JCSMS
2. AATA
3. ACSM
4. AMSSM
5. ISSP
6. NATA
7. NCAA/Datalys
8. Ski For Light
Please turn off your cell phone.

2020 Minneapolis, MN
UPDATE: JOINT COMMISSION ON SPORTS MEDICINE & SCIENCE

http://www.jcsmsonline.org/
**BOARD OF DIRECTORS**

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Organization and Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board Chair</td>
<td>Jonathan Halperin</td>
<td>American Academy of Physical Medicine and Rehabilitation</td>
</tr>
<tr>
<td>Vice Chair</td>
<td>William Feldner</td>
<td>American Osteopathic Academy of Sports Medicine</td>
</tr>
<tr>
<td>Board Member</td>
<td>Tim Dutra</td>
<td>American Academy of Podiatric Sports Medicine</td>
</tr>
<tr>
<td>Board Member</td>
<td>Ted Forcum</td>
<td>American Chiropractic Association Council on Sports Injuries &amp; Physical Fitness</td>
</tr>
<tr>
<td>Board Member</td>
<td>Jim Griffith</td>
<td>American Medical Society for Sports Medicine</td>
</tr>
<tr>
<td>Board Member</td>
<td>Cookie Freidhoff-Bohm</td>
<td>American Physical Therapy Association - Sports PT Section</td>
</tr>
<tr>
<td>Board Member</td>
<td>Dawn Haworth</td>
<td>Canadian Academy of Sport and Exercise Medicine</td>
</tr>
</tbody>
</table>
Our first line: *Jon, Jim, Dawn, Cookie, Bill, Tim and Ted under the box*
AND THESE GUYS:
RANDY DICK AND ROB FRANKS
CO-CHAIR PROGRAM COMMITTEE
JCSMS WEBSITE

http://www.jcsmsonline.org/
FUTURE LOCATIONS

Cleveland, OH 2021
Louisville, KT 2022
The fight ends, the hockey players flee, and the curling team once again rules the ice rink.
JCSMS THANK OUR SPONSORS

2020 Minneapolis, MN
KT TAPE®
KINESIOLOGY THERAPEUTIC TAPE
GOLD SPONSOR
Silver Sponsor

NSCA
NATIONAL STRENGTH AND CONDITIONING ASSOCIATION

AMERICAN ACADEMY OF SPORTS PHYSICAL THERAPY
Silver Sponsor

The American Orthopaedic Society for Sports Medicine
In kind Sponsor

Christi Gates – Meeting Support
In kind Sponsor

Rita Yates – Board Operations, Web Site & Social Media Consultant
In kind Sponsor

Susan Rees – Meeting Planning and Support
In kind Sponsor

Casi Maynard – Meeting Contracting
Office: 602.774.2255
Cmaynard@mindfulmeetingpros.com
Special thank you to Downtown Hilton Minneapolis

2020 Minneapolis, MN
Special thank you to **Meet Minneapolis**
AATA - The 19 organizations in AATA represent over 100,000 sports and performing arts medicine, wellness and education members.

TARGET AUDIENCE - The 600+ NASM-certified schools of music, multiple independent music and dance conservatories and over 5 million scholastic marching band participants are just a subset of individuals who can be impacted by research and education.
INVITATION-ONLY SUMMIT ON HEALTH CARE COVERAGE AND ACCESS FOR MUSICIANS

HYATT REGENCY CRYSTAL CITY, ARLINGTON, VA
MARCH 4 - 6, 2020

The no-cost, invitation-only SUMMIT ON HEALTH CARE COVERAGE AND ACCESS FOR MUSICIANS, March 4 - 6, 2020, at the Hyatt Regency Crystal City in Arlington, VA is an invitation-only networking event on best practices for regional and national nonprofit organizations which assist musicians in accessing health care coverage and services. Capacity is limited to 85 participants.

https://healthcareformusicians.com/

FEATURING SESSIONS ON

- Data on Health Care Coverage and Access for Musicians
- Special Medical Needs of Musicians
- Prevention, Wellness and Health for Musicians
- National Health Policy as it Impacts Musicians
- A Practical Overview of ACA and Medicaid Benefits
- National Organization Roundtable
- Regional Organization Roundtable
- Mental Health Initiatives Roundtable
- Income Definition and Determination
- Importance of Grant Application Forms
- Navigator Best Practices Roundtable
- Negotiating Medical Bills
- Provider Relation Strategies, Provider Network Development, and "Owned" Clinics
- Foundation and Government Grant Fund-Raising Strategies Workshop
- Strategies in Communicating/Outreach to the Various Musician Communities
Mental Health, emotional health, injury, focal dystonia, hearing health, pain management – all areas of interest to NIH – especially non-pharmacological options for pain management due to opioid crisis.

- National Institute of Mental Health (prevention)
- National Institute For Deafness and Communication Disorders
- Office of Behavioral and Social Sciences Research (optimal performance)
- National Center for Complimentary and Integrative Health (repetitive motion)
- National Institute of Neurological Disorders, Stroke

**NIH, NEA discussion**

**What AATA brings to the table:**

- A national collaborative research network
- An enhanced diversity and sample size (researchers and subjects) through the AATA coalition.
- A focus on optimizing health and performance for performing artists, a population that is the source of much of the current NIH-sponsored music and health research
- An established target audience of Performers, Choreographers / Teachers (the practice / performing "coaches") and Health Care Providers.
- An established mission and philosophy of applying what we have learned from sport athlete world to enhance wellness and performance among performing artists.
American College of Sports Medicine

NiCole R. Keith, Ph.D., FACSM
President-elect

Working together to create a better life for all
Who are you/What you do:

ACSM is a leading, global authority for sports medicine, exercise science and the promotion of physical activity and its co-benefits. Founded in 1954, ACSM is now the largest sports medicine and exercise science association in the world, representing more than 50,000 members and certified professionals from a variety of medical specialties, allied health and scientific disciplines.

ACSM is an association of professionals sharing a commitment to explore the role of medicine and exercise in human performance, diagnosing, treating and preventing injuries, and achieving a healthier society and a better life for all.

Collaborations:

• CDC
• AMSSM and AOSSM
• PAMA
• USOC/US Paralympic Committee

What do you need help with:

• Adoption of Exercise is Medicine
• Local-level advocacy using Fitness
• Index data and resources
• Identifying Potential
• Capital Campaign Partners
Chad Carlson, MD, FAMSSM, President

president@amssm.org
Collaboration - Advocacy

• Passage of Sports Medicine Licensure Clarity Act in 2018 was a great example of sports medicine community coming together on a federal issue

Actionable items:

• Help push for final 4 states to pass state version of Licensure Clarity Act legislation at the state level to clarify exemption for teams traveling into state (HI, KS, NE and OK)

• Advocate for passage of the federal P.H.I.T. Act (which will allow Americans to use pre-tax medical accounts to pay for physical activity expenses)

Brian Williams,
AMSSM Director of Policy & Advocacy
bwilliams@amssm.org
Collaboration - Advocacy

• Physical Activity Alliance – AMSSM has signed on with ACSM, NATA, APTA, the American Heart Association and 9 other organizations as founding members of this Alliance that will lead efforts to create, support, and advocate policy and system changes to encourage physical activity in the US population.

Actionable items:

• Consider having your organization sign on as a member of the Physical Activity Alliance ($10,000/year for seat on the Board)

• Consider sending a representative to 2021 AMSSM Research Summit on Physical Activity – April 13, 2021 in San Diego, CA
Two Historic Collaborative Options

Jim Whitehead, CEO, International Society for Sports Psychiatry
The Leadership Opportunities and Needs Before Us!

Youth Sports Strategy
- First official federal roadmap for youth sports by Executive Order, HHS developed
- Unique benefits for health outweigh risks
- But not all youth have the same opportunity, motivation, and access
- Plan has actionable strategies
- Private sector overall and the Joint Commission especially has a key role
- Need to take action at the national, state, and local levels
- And we need to do it NOW, with a sense of urgency!

Healthy People 2030
- Four decades of Healthy People with a vision for health improvement and equity
- Leading health indicators with keen relevance to the Joint Commission (e.g., PA and nutrition, mental health, prevention, injury, and more)
- Mandate to reduce the number of objectives
- Release in Spring 2020
- Again, an opportunity for the Joint Commission organizations to lead and provide transformative national service
The Opportunity, Need, and Time Are Now: Let Us Join Together!

International Society for Sports Psychiatry
National Athletic Trainers’ Association (NATA)

Tory Lindley, President
Dave Saddler, Executive Director
NATA Key Collaborations

• Statement of Collaboration with APTA
• New *Sports Health* Agreement with AOSSM
• Spine Injury in Sports Group (multiple organizations)
• Senate Commerce Committee Testimony with USADA and US Center for Safesport
• ESPN Outside the Lines Segment
Partnership

History

Goals

Target Audience and Scope
Results

Findings

Sharing of Results

Relevance to Profession
Ski For Light
President, Marion Elmquist