



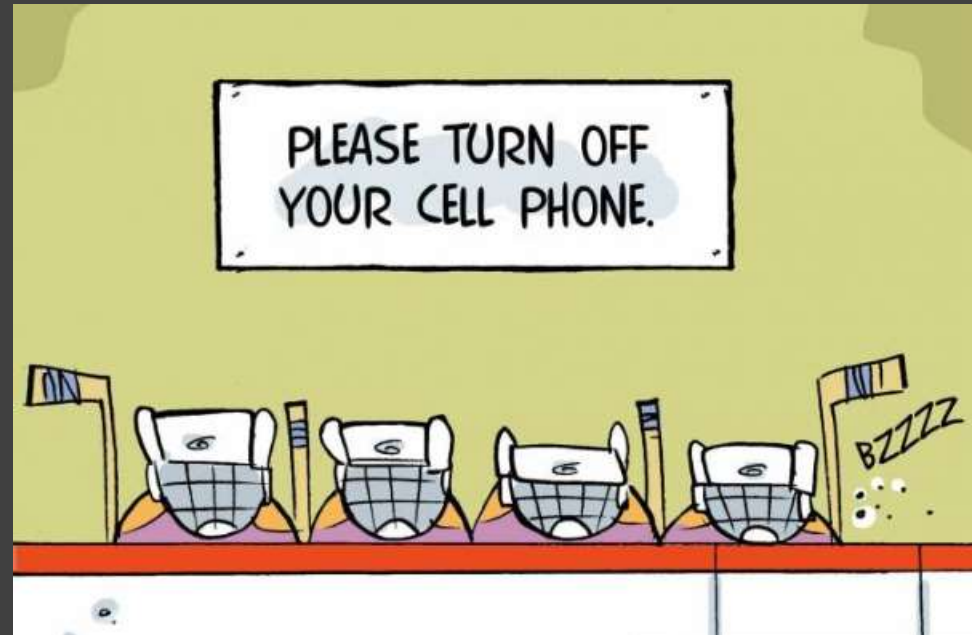
1. JCSMS
2. AATA
3. ACSM
4. AMSSM
5. ISSP
6. NATA
7. NCAA/Datalys
8. Ski For Light



## JOINT COMMISSION ON SPORTS MEDICINE & SCIENCE

Collaborative  
Organizational Updates

Saturday  
10:15-11:00 AM



2020 Minneapolis, MN



# UPDATE: JOINT COMMISSION ON SPORTS MEDICINE & SCIENCE

<http://www.jcsmsonline.org/>



## BOARD OF DIRECTORS

|                     |  |
|---------------------|--|
| <b>Board Chair</b>  | <b>Jonathan Halperin</b> <i>American Academy of Physical Medicine and Rehabilitation</i>                     |
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| <b>Board Member</b> | <b>Cookie Freidhoff-Bohm</b> <i>American Physical Therapy Association - Sports PT Section</i>                |
| <b>Board Member</b> | <b>Dawn Haworth</b> <i>Canadian Academy of Sport and Exercise Medicine</i>                                   |

**Our first line:** *Jon, Jim, Dawn, Cookie, Bill, Tim and Ted under the box*





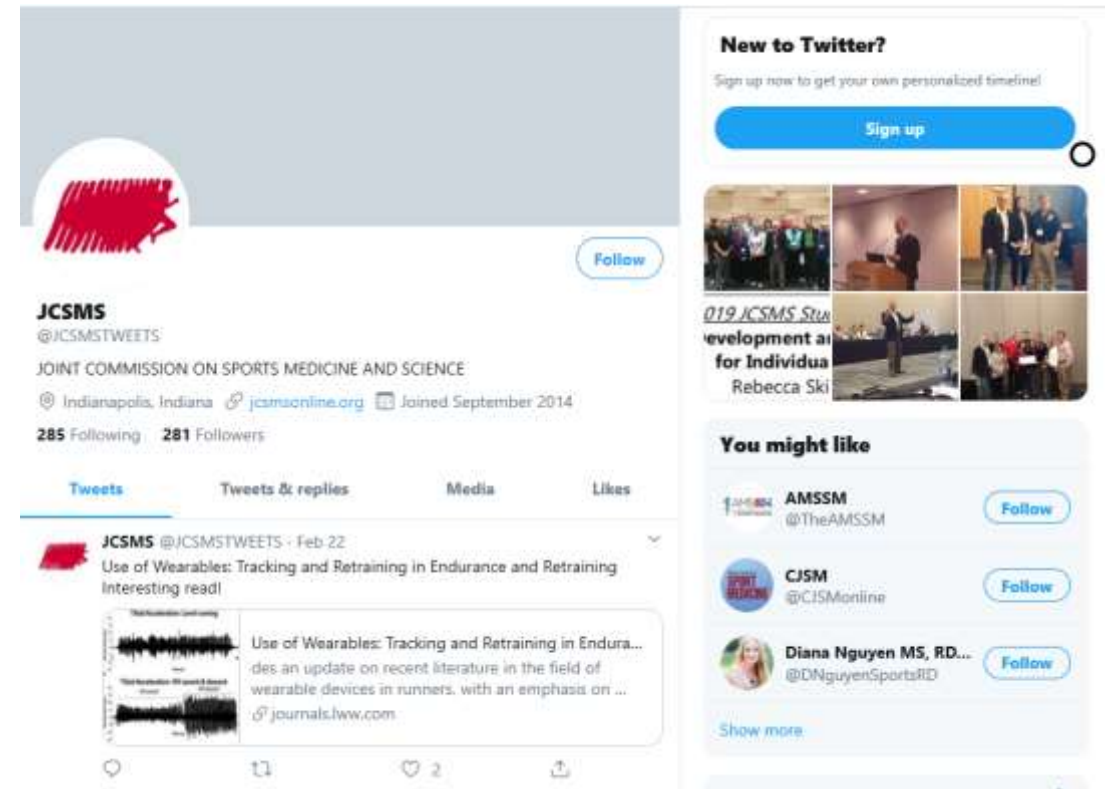


*AND THESE GUYS:*  
RANDY DICK AND ROB FRANKS  
CO-CHAIR PROGRAM COMMITTEE



# JCSMS WEBSITE

<http://www.jcsmsonline.org/>



# JCSMS TWITTER

<https://twitter.com/JCSMTWEETS>





# FUTURE LOCATIONS

Cleveland, OH 2021

Louisville, KY 2022



The fight ends, the hockey players flee, and the curling team once again rules the ice rink.

# TONIGHT'S SOCIAL EVENT

Minneapolis 2020





# JCSMS THANK OUR SPONSORS

2020 Minneapolis, MN



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Special thank you to **Downtown Hilton Minneapolis**



2020 Minneapolis, MN



Special thank you to **Meet Minneapolis**



2020 Minneapolis, MN





**AATA**- The 19 organizations in AATA represent over 100,000 sports and performing arts medicine, wellness and education members.

**TARGET AUDIENCE** - The 600+ NASM-certified schools of music, multiple independent music and dance conservatories and over 5 million scholastic marching band participants are just a subset of individuals who can be impacted by research and education.

- American Academy of Podiatric Sports Medicine (AAPSM)
- American College of Sports Medicine (ACSM)
- American Medical Society for Sports Medicine (AMSSM)
- American Osteopathic Academy of Sports Medicine (AOASM)
- Association for Applied Sports Psychology (AASP)
- Drum Corp International (DCI)
- International Association for Dance Medicine and Science (IADMS)
- Music Teachers National Association (MTNA)
- MusiCares
- National Association for Music Education (NAfME)
- National Association of Teachers of Singing (NATS)
- **National Athletic Trainers' Association (NATA)**
- National Hearing Conservation Association
- New Orleans Performing Artists Clinic (NOMC)
- **Performing Arts Medicine Association (PAMA)**
- **Sports, Cardiovascular and Wellness Nutrition (SCAN)**
- The Voice Foundation (VF)

# INVITATION-ONLY SUMMIT ON HEALTH CARE COVERAGE AND ACCESS FOR MUSICIANS

HYATT REGENCY CRYSTAL CITY, ARLINGTON, VA  
MARCH 4 - 6, 2020



PRODUCED BY  
**GHC**  
Global Health Care, LLC®

[AGENDA](#) | [CONTACT LIST](#) | [CONFIRMED ATTENDEES](#) | [TRAVEL/HOTEL](#) | [CONTACT US](#) | [HOME](#)

*The no-cost, invitation-only SUMMIT ON HEALTH CARE COVERAGE AND ACCESS FOR MUSICIANS, March 4 – 6, 2020, at the Hyatt Regency Crystal City in Arlington, VA is an invitation-only networking event on best practices for regional and national nonprofit organizations which assist musicians in accessing health care coverage and services. Capacity is limited to 85 participants.*

[AGENDA](#)

[Click here](#) for agenda.

[CONTACT LIST](#)

## FEATURING SESSIONS ON

- Data on Health Care Coverage and Access for Musicians
- Special Medical Needs of Musicians
- Prevention, Wellness and Health for Musicians
- National Health Policy as it Impacts Musicians
- A Practical Overview of ACA and Medicaid Benefits
- National Organization Roundtable
- Regional Organization Roundtable
- Mental Health Initiatives Roundtable
- Income Definition and Determination
- Importance of Grant Application Forms
- Navigator Best Practices Roundtable
- Negotiating Medical Bills
- Provider Relation Strategies, Provider Network Development, and "Owned" Clinics
- Foundation and Government Grant Fund-Raising Strategies Workshop
- Strategies in Communicating/Outreach to the Various Musician Communities

<https://healthcareformusicians.com/>

## NIH, NEA discussion

Mental Health, emotional health, injury, focal dystonia, hearing health, pain management – all areas of interest to NIH – especially non-pharmacological options for pain management due to opioid crisis.

- National Institute of Mental Health (prevention)
- National Institute For Deafness and Communication Disorders
- Office of Behavioral and Social Sciences Research (optimal performance)
- National Center for Complimentary and Integrative Health (repetitive motion)
- National Institute of Neurological Disorders, Stroke

## What AATA brings to the table:

- A national collaborative research network
- An enhanced diversity and sample size (researchers and subjects) through the AATA coalition.
- A focus on optimizing health and performance for performing artists, a population that is the source of much of the current NIH-sponsored music and health research
- An established target audience of Performers, Choreographers / Teachers (the practice / performing "coaches") and Health Care Providers.
- An established mission and philosophy of applying what we have learned from sport athlete world to enhance wellness and performance among performing artists.

# American College of Sports Medicine

**NiCole R. Keith, Ph.D., FACSM**  
**President-elect**

Working together to create a better life for all





## Who are you/What you do:

ACSM is a leading, global authority for sports medicine, exercise science and the promotion of physical activity and its co-benefits. Founded in 1954, ACSM is now the largest sports medicine and exercise science association in the world, representing more than 50,000 members and certified professionals from a variety of medical specialties, allied health and scientific disciplines.

ACSM is an association of professionals sharing a commitment to explore the role of medicine and exercise in human performance, diagnosing, treating and preventing injuries, and achieving a healthier society and a better life for all.

## Collaborations:

- CDC
- AMSSM and AOSSM
- PAMA
- USOC/US Paralympic Committee

## What do you need help with:

- Adoption of Exercise is Medicine
- Local-level advocacy using Fitness
- Index data and resources
- Identifying Potential
- Capital Campaign Partners





**Chad Carlson, MD, FAMSSM, President**

[president@amssm.org](mailto:president@amssm.org)



**Brian Williams,**  
AMSSM Director of  
Policy & Advocacy  
[bwilliams@amssm.org](mailto:bwilliams@amssm.org)

## **Collaboration - Advocacy**

- Passage of Sports Medicine Licensure Clarity Act in 2018 was great example of sports medicine community coming together on a federal issue

## **Actionable items:**

- Help push for final 4 states to pass state version of Licensure Clarity Act legislation at the state level to clarify exemption for teams traveling into state (HI, KS, NE and OK)
- Advocate for passage of the federal P.H.I.T. Act (which will allow Americans to use pre-tax medical accounts to pay for physical activity expenses)



## Collaboration - Advocacy

- Physical Activity Alliance – AMSSM has signed on with ACSM, NATA, APTA, the American Heart Association and 9 other organizations as founding members of this Alliance that will lead efforts to create, support, and advocate policy and system changes to encourage physical activity in the US population.

## Actionable items:

- Consider having your organization sign on as a member of the Physical Activity Alliance (\$10,000/year for seat on the Board)
- Consider sending a representative to 2021 AMSSM Research Summit on Physical Activity – April 13, 2021 in San Diego, CA



## The National Youth Sports Strategy



DEVELOPING  
**HealthyPeople**  
2030

# Two Historic Collaborative Options

Jim Whitehead, CEO, International Society for Sports Psychiatry





# **The Leadership Opportunities and Needs Before Us!**

## **Youth Sports Strategy**

- First official federal roadmap for youth sports by Executive Order, HHS developed
- Unique benefits for health outweigh risks
- But not all youth have the same opportunity, motivation, and access
- Plan has actionable strategies
- Private sector overall and the Joint Commission especially has a key role
- Need to take action at the national, state, and local levels
- And we need to do it NOW, with a sense of urgency!

## **Healthy People 2030**

- Four decades of Healthy People with a vision for health improvement and equity
- Leading health indicators with keen relevance to the Joint Commission (e.g., PA and nutrition, mental health, prevention, injury, and more)
- Mandate to reduce the number of objectives
- Release in Spring 2020
- Again, an opportunity for the Joint Commission organizations to lead and provide transformative national service



**The Opportunity, Need, and Time Are Now:  
Let Us Join Together!**



TAYLOR HOOTON  
FOUNDATION

International Society  for Sports Psychiatry

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# National Athletic Trainers' Association (NATA)

Tory Lindley, President

Dave Saddler, Executive Director

# NATA Key Collaborations

- Statement of Collaboration with APTA
- New *Sports Health* Agreement with AOSSM
- Spine Injury in Sports Group (multiple organizations)
- Senate Commerce Committee Testimony with USADA and US Center for Safesport
- ESPN Outside the Lines Segment



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E. Paul Roetert, PhD  
Director of Education and Strategic Engagement



Christy Collins, PhD  
President

Partnership

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**History**

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**Goals**

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**Target Audience and Scope**



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# Results

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**Findings**

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**Sharing of Results**

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**Relevance to Profession**



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Ski For Light  
President, Marion Elmquist



**SKI FOR LIGHT, INC.**

